



How to Separate Recyclable Materials and Dispose of Them

Special Edition

Page 1
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中野区 See page 4 for the "Waste Collection Schedule" and write your region's collection days of the week in the circle of this page.

Type	Collection location (Time)	How to separate (common waste)	Before Disposing
Waste papers (1/week) Old clothes, old fabrics are also collected 	Group Collection Sites (By 8:00 a.m.)	In Nakano, old paper wastes are collected by the volunteer community groups through "Group Collection." Newspapers (including the inserted advertising flyers) Magazines (including books) Corrugated cardboard Miscellaneous paper waste (Packaging boxes for tissue paper and snacks, flyers, envelopes, wrapping papers, paper bags, core of toilet paper, catalogs, pamphlets, empty milk cartons, etc.) Following items are NOT collected <ul style="list-style-type: none"> ● Processed paper <ul style="list-style-type: none"> • silver or aluminum coated paper • thermal paper • vinyl-coated paper ● Uncleanable paper <ul style="list-style-type: none"> • used pizza boxes • boxes for laundry detergent or soaps, etc. → Handle them as "Combustible waste" Old clothes, Old fabrics <small>* Please do not put out old clothes and fabrics on a rainy day.</small>	<ol style="list-style-type: none"> 1. Separate by type of paper: newspaper, magazine (miscellaneous paper waste) and cardboard. 2. Tie them with cords (plastic string is acceptable). 3. Dispose them at the "Group Collection" sites. * Contact the Garbage ZERO Promotion Desk (Garbage ZERO Promotion Section in and after April 2019), if you cannot find the Resource Recovery locations Tel.03-3228-5555(in Japanese) You will see orange-colored flags or banners at the collection sites. (Except for some collection sites.) ☆Miscellaneous paper waste must be inserted between magazines or in paper bags.
Bottles/Cans/PET bottles (1/week) 	Bottles/Cans/PET bottles Collection Sites (By 8:30 a.m.)	Bottles (Glass bottles used for food or beverages) Cans (Aluminum/Steel cans used for food or beverages (including pet food)) PET bottles (Used for food or beverages) <small>* Bottle caps -Metal bottle caps → Handle them as "Ceramic, Glass, Metal Waste" -Plastic bottle caps → Handle them as "Plastic containers / packaging"</small> <small>* Caps and labels are → "Plastic containers/packaging".</small> Uncollectable items <ul style="list-style-type: none"> ● Unclean items that have sludge or grease ● Hazardous broken items (broken glass bottle, etc.) ● Bottles used for medical or cosmetic products → Handle them as "Ceramic, Glass, Metal Waste"	<ol style="list-style-type: none"> 1. Rinse inside of the bottle. 2. Dispose them at the "Bottles/Cans/PET bottles Collection Sites." <ul style="list-style-type: none"> ○ Place bottles in yellow bins, cans in blue bins, PET bottles in collection nets. The Collection Container will be placed in the evening preceding the day of collection. Please put them in noiselessly so that you don't disturb the surrounding people. Please try to use the PET bottle shredder machine near you. (See page 2 for details)
Plastic containers/packaging (1/week) 	Waste Collection Sites (By 8:00 a.m.)	"Plastic containers/packaging" includes unwanted "containers" and "packaging (bags, wrappers, etc.)" after removing the contents. Bottles (Used for shampoo, soap, beverages, or seasoning, etc.) Bags (Used for snack, bread, or vegetables, as well as shopping bags, etc.) Packaging (Used for eggs, tofu, fruits, etc.) Cups (Used for puddings, jelly, etc.) Pill sheets Containers (Used for bento, cup noodles, etc.) Trays and wraps (Used for meat, fish, ready-made food, etc.) Caps (Used for PET bottles, spray cans, etc.) Cushioning wraps (Foam polystyrene, foamed nets used for fruits, etc.)	<ol style="list-style-type: none"> 1. Rinse inside of bottles. 2. Place them in a container with a lid or in a transparent/semi-transparent plastic bag. 3. Dispose at the "Waste Collection Sites." <ul style="list-style-type: none"> ○ Rinse thoroughly so they can be recycled. ○ Do not use the bag in double or triple. No need to peel off the stickers (indicating prices or materials) from the packaging/wraps. * Uncleanable items are handled as "Combustible Waste." * Items made of plastic are handled as "Combustible Waste."
Combustible Waste (2/week) 	Waste Collection Sites (By 8:00 a.m.)	Items made of plastic (Toothbrushes, toys, CDs, video tapes (and cases), etc.) Items made of rubber/leather (Bags, shoes, rain boots, hoses, etc.) Unclean paper with grease, smudge, or odors (Used pizza boxes, boxes for laundry detergent, etc.) Kitchen waste Paper waste Paper diaper Cooking oil (Collected at the Resource Recovery Locations.) Unclean clothes Under 50cm Pruned branches	<ol style="list-style-type: none"> 1. Place them in a container with a lid or in a transparent/semi-transparent plastic bag. 2. Dispose at the "Waste Collection Sites." <ul style="list-style-type: none"> ○ Drain water from kitchen waste before disposing. ○ Use cloth or paper to absorb cooking oil or use the solidifier. * Cooking oil is also collected at the Resource Recovery Locations. (See page 2 for details.) * Dispose blankets, bed pads and other bedclothes as Large-Sized Waste. ★Large amount of waste (Special Waste) A fee must be paid for the disposal of large amount of waste generated by pruning of trees or moving (over five 45 liter bags disposed by a household on one collection day) Inquire with the Waste Management Office. Tel. 03-3387-5353 (in Japanese)
Ceramics/Glasses Metal waste (2/month) 	Waste Collection Sites (By 8:00 a.m.)	Ceramics/Glasses/Metal waste (Ceramic bowls and cups, glasses, pans and pots, aluminumfoil, wire hanger, etc.) Broken fluorescent lamps and bulbs (Place them in original cases.) <small>* Take unbroken fluorescent lamps to the Resource Recovery Locations. See Page 2 for more details.</small> Small home appliances (A side length less than 30cm) Plastic Products which you can't remove metal parts <small>* Some items are collected at the Resource Recovery Locations. See Page 2 for more details.</small> Disposable heating pads Dangerous items Don't make a hole on the can! Spray cans/Gas cartridges/Lighters Mercury thermometer/sphygmomanometer Broken ceramics and glasses, blades, etc. * Wrap them to avoid injury	<ol style="list-style-type: none"> 1. Place them in a container with a lid or in a transparent/semi-transparent plastic bag. 2. Dispose at the "Waste Collection Sites." Caution These items must be disposed in plastic bags, visible from outside, separate from other waste. We appreciate your cooperation in this matter to prevent injury to workers or fire on vehicles. (Ex.) Spray cans

★Collections are carried out on public holidays (except when holidays fall on Sundays). The schedule for the year-end and New-Year holidays will be announced on the city website, Nakano Info, and the Waste Separation App.

Large-Sized Waste (fee-based service) **Advance-application required** Household generated waste including furniture and home appliances with a side length over 30cm

●Large-Sized Waste Reception Center (Mon.-Sat., 8:00 a.m.-7:00 p.m.)
Tel. 03-5715-2255
*Applications are also accepted at the city website.



Recyclable Waste Collection at Resource Recovery Locations. Waste from businesses are not accepted

PET bottle shredder machine

PET bottle shredder machines have been installed in supermarkets in the city to efficiently collect household generated PET bottles. The volume will decrease and the amount of CO₂ (carbon dioxide) emitted during collection and transportation can be reduced by shredding the bottles. Users can earn points exclusively for the shredder machines that can be exchanged for shopping tickets. Please use these machines (please do not crush PET bottles and insert them into the machine).

《Locations》 As of February 2019 *

*Check the City's website for the latest information.

- OK Store/Saginomiya Branch, Nakasugi Branch
- Santoku/Shin-Nakano Branch, Nakano Branch
- Life/Higashi-Nakano Branch, Nakano-Station Branch, Nakano-Arai Branch
- Peacock/Toritsu-kasei Store
- Maruetsu/Toritsu-kasei Station Branch, Nakano-wakamiya Branch
- Kitchen Court/Higashi-Nakano Branch
- Maruetsu Petit/Yamatocho Branch, Nakano-chuo Branch
- Co-op/Nakano-Chuo Branch, Nakano-Saginomiya Branch
- Summit Store/Nakano-Minamidai Branch, Higashi-Nakano Branch



Old Clothes/Old Fabrics

Collected as Group Collection as resources (Excluding some of them)
The Recycling Exhibition Hall (1-6-3 Matsugaoka/TEL: 03-3387-2411) also accepts waste during operation hours.



《Collected items》

clothes, kimono, underwear, socks, sheets, blankets, towels, curtains, etc.

→Put washed and dried items in a plastic bag.

* Do not remove zippers or buttons.

* Avoid rainy days.
Wet materials cannot be recycled.

Batteries

Waste alkali batteries, manganese batteries and lithium batteries that are used at homes can be disposed at **the City Office, the City Activity Center, libraries and gyms** where "Battery Collection Boxes" are located.

* Chargeable batteries and button batteries are collected by the collection boxes at the purchased stores.



Cooking Oil

The edible vegetable oil (tempra oil, vegetable oil, canola oil, corn oil, etc.) which derive from home are collected as recyclables. Please eliminate the refuse as much as possible and put oils in PET bottles, be sure to shut a lid on it, and take it to the Resource Recovery Locations (Do not open unused items; keep oil in the original container.). Please do not use glass bottles as they are easy to be broken.

* Oil which was used several times and became dark brownish or was intact but past a best-before-date is also collected.

Used small household electric appliances

Small household electric appliances (the following nine items) which derive from home and which are no longer necessary are collected as resources.

Please put them in the "small household electric appliances collection boxes" installed at the **City Office, the City Activity Center, the Chuo Library and the Waste Management Office Recycle Show Room.**

<Recovery Items>

mobile phone (including PHS & smart phone), portable music player, hand-held game machine, digital camera, portable video camera, portable car navigation, electronic dictionary, desk-top calculator, and AC adapter & codes

<Caution>

- Please eliminate personal information recorded on a mobile phone.
- Please remove necessary storage media (SD card, etc.) and a battery.
- ☆ Items that do not fit in the collection box (30 cm x 15 cm) are not accepted.
- ☆ Items dropped into the Resource Collection Box will not be returned.



Used Fluorescent Lamps and Bulbs

Used straight tube fluorescent lamps, circle tube fluorescent lamps or bulb-type fluorescent lamps from households are collected as recyclables. To prevent being broken, place them in original wrapping or empty cases, or wrap them with newspapers, etc. Then, drop them into the "Fluorescent Lamp Collection Box" at the **City Office, the City Activity Center, the Central Library or the Recycling Exhibition Hall.**

* Take out other items than fluorescent lamps such as filament lamp bulbs, broken fluorescent lamps, on Ceramics, Glasses, and Metal Waste collection day.



《Resource Recovery Locations》

They are collected at the **Recycling Exhibition Hall, Global Warming Countermeasure Section (Environmental Section from April 2019) on the eighth floor of the city office**

Also, **the City Activity Center** collects them between 9:00 am to noon on the fourth Tuesdays

(if the fourth Tuesday falls on a holiday, on the following business day).



Items NOT Collected by Nakano City

PC

Based on the Law for Promotion of Effective Utilization of Resources, makers are conducting recovery and recycling. When you wish to have them collected, please apply to each maker. In case the maker went bankrupt, ceased to make production, etc., please ask "PC3R Promotion Society. tel. 03-5282-7685."

* For disposal, recovery/recycling fees are charged.

* Retail price for computers with "PC Recycle Mark" includes collection/recycling fees.



Air-conditioner, TV, Refrigerator · Freezer, Washer · cloth drier

Based on the Home Electric Appliances Recycling Law, makers are performing recovery and recycling. (Including foreign, used or mail-order products.)

Please request to pick up the unwanted product to the store where that product was purchased or will be purchased.

If you are not sure where you bought the old product or it's far from your home, please call the **Home Appliances Recycle Reception Center (Phone:03-5296-7200).**

* Fees for recycling and collection/transport are charged.

Chargeable Batteries/Button Batteries

These batteries can be disposed of in the collection boxes located in cooperating stores, such as the purchased stores and electronics stores. **Please do not dispose of them in the Battery Collection Boxes installed in the city offices.**

Difficult-to-process or hazardous items

Flammable, harmful, or hazardous items are NOT collected by Nakano City. **Please inquire with the store where the item was purchased or the manufacturer.**
Gas canister · Motor vehicle battery · Industrial chemical · Match · Fireworks · Kerosene · Gasoline · Paint · Motor vehicle · Motorcycle · Motor vehicle tire · Fire extinguisher · Piano · Fire resistant safe · Cement materials · Rocks or Soil

Rental Bird Net

To prevent scattered garbage around waste collection sites by birds, Bird Nets are rented for households who are using the waste collection site with several households. Please request to the Waste Management Office or the rental bird net.

Business Waste (fee-based service)

Business owners are responsible for the disposal of business-generated waste. Please contact waste disposal companies or recycling businesses to manage waste and recyclable materials generated at business offices or stores.

[When using the City's collection]

Under the City's regulation, businesses are required to submit a form when requesting the City to collect waste. Businesses with no more than 20 employees or businesses that generate less than 50 kg of waste a day on average may fill out the **Business Waste Generation Form** and dispose of their waste at the City's collection sites. **They must attach Waste Management Tickets** to all waste. These tickets are available for purchase at convenience stores and stores with "Nakano City Waste Management Tickets are available" sign or at Nakano Waste Management Office.



[Items to remember when requesting City collection]

The businesses who submitted a form will receive a certificate. Upon the receipt of the certificate, full out the business number and name (company name, business name, etc.) on the specified column on the Waste Management Ticket. The City will not collect waste without proper tickets. Please be sure to separate waste and use a separate bag when the store (business) and a residence share the same address.

Inquiries:

For inquiries regarding a business waste generation form, contact the Garbage ZERO Promotion Desk. (Garbage ZERO Promotion Section, Nakano City from April 2019)

For inquiries regarding Nakano City Waste Management Tickets for business waste, contact the Nakano Waste Management Office.

● If using waste bin

Apply a Waste Management Ticket adequate for the amount of waste contained inside. If you are using both waste bag and waste bin, apply a Waste Management Ticket for the total amount disposed.

● Items difficult to fit in a waste bag

- **Foamed polystyrene** (handle as Plastic Containers and Packaging)
One 10-liter-ticket per one item
- **18-liter cans** (handle as "Ceramic/Glass/Metal")
One 10-liter-ticket per one item

● If using waste bag

Apply an adequate Waste Management Ticket for the size of the waste bag.

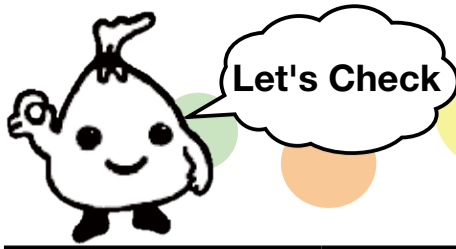
● Bottles, cans, and PET Bottles

~Try to use the private collection routes~
If you wish to use the Nakano City Collection, label the waste bag with the name/type of the contents, apply an adequate Waste Management Ticket, and place them at the collection points.

*Business-generated Used Papers are not collected by the community group collections. Please dispose them by asking recyclables collection contractors for collection or taking them to used paper wholesalers.

Collection of Deceased Pets (fee-based service)

Waste Management Office collects deceased pet dogs or cats (under 25kg). Check with the Waste Management Office about fees at the time of submission.



WHAT TYPE OF WASTE IS IT?

<Frequently Asked Items>

Item	Type				
	Bottle/Can/ PET Bottle	Plastic	Combustible	Ceramic/ Glass/Metal	Large-Sized
Iron				●	
Iron Print Paper (Sublimation transfer printing paper)			●		
Album			●		
Aluminum Foil				●	
Wardrobe Box					●
Chair					●
Plant Pot	Unglazed/Ceramics/Metal			●	
	Plastic		●		
	Size: over 30cm				●
SD Card				●	
Diaper (Disposal/Cloth) *Remove any stool			●		
Toy	Metal			●	
	Wooden or Plastic		●		
	Size: over 30cm				●
Card (Credit Card, Prepaid Card, etc.)			●		
Carpet					●
Umbrella (includes folding type)				●	
Wrapping bags or packages of snacks	Paper *Clean paper can be recycled in pack		●		
	Plastic	●			
Cooking Stove *Remove gas canisters.				●	
Cassette Tape and Case			●		
Gas Canister *Follow the disposal instruction as the Note 3 below				●	
Cups (Cup noodle, pudding, etc.)	Paper		●		
	Plastic	●			
Bag (Leather, Cloth, Vinyl)			●		
Razor *Follow the disposal instruction as the Note 2 below.				●	
Cans	Cans of drinks (aluminum or steel)	●			
	Snack/Tea	●			
	Canned Food (Pet Food)	●			
	18 liter cans				●
Desiccating Agent			●		
Caps (Drinks, etc.)	Metal			●	
	Plastic		●		
Cooler Box	Size: 30cm or under		●		
	Size: over 30cm				●
Skewer *must be wrapped in paper or cloth	Metal			●	
	Wooden or Plastic		●		
Sheets of medicines		●			
Shoes (Leather Shoes, Sneakers, Rain Boots, Sandals)			●		
Cushion	Size: 30cm or under		●		
	Size: over 30cm				●
Sphygmomanometer (mercury) *Dispose in a separate bag				●	
Diatomite products	Size: 30cm or under			●	
	Size: over 30cm				●
Golf Club					●
Legless Chair					●
Wallet			●		
Cushion (floor-) as known as zabuton	Size: 30cm or under		●		
	Size: over 30cm				●
CDs (same applies to DVDs/BDs/LDs/MDs, including cases)			●		
Photo			●		
Tray for food products (Meat, Fish, Prepared Food, etc.)		●			
Joint mat	Size of one mat: 30cm or under		●		
	Size of one mat: over 30cm				●
Desiccant (Some may be contained in Plastic Container)			●		

Item	Type				
	Bottle/Can/ PET Bottle	Plastic	Combustible	Ceramic/ Glass/Metal	Large-Sized
Dish, Cup, etc.				●	
Rice Cooker				●	
	Size: over 30cm				●
Suitcase					●
Spray Can *Follow the disposal instruction as the Note 3 below.				●	
Pinch hanger	Metal			●	
	Plastic		●		
	Size: over 30cm				●
Thermometer	Mercury *Dispose in a separate bag			●	
	Digital		●		
Odor Neutralizer (some may be contained in Plastic Container)			●		
Sponge (scrubbing)	Metal			●	
	Nylon or Wool		●		
Disposable Heating Pads				●	
Fishing rod					●
Electric razor				●	
Pot and Pan				●	
Raw garbage (including fish/chicken bones/clam shells, etc.)			●		
Stuffed Doll	Size: 30cm or under		●		
	Size: over 30cm				●
Sand for cat	Mineral related			●	
	Made of paper, wood, tofu refuse, silica gel		●		
Net (for Fruits, etc.)		●			
Fireworks *used ones only, must be wet with water			●		
Packaging (for Egg, Natto, Tofu, Fruits)		●			
Foamed Polystyrene (cushioning material)		●			
Tooth Brush			●		
Knife *Follow the disposal instruction as the Note 2 below.				●	
Hanger	Metal			●	
	Wooden or Plastic		●		
Video Tape and Case			●		
Bottles *Broken glasses must be wrapped in paper or cloth	Food/Liquor/Beverage Bottle	●			
	Medicine Bottle			●	
	Cosmetic Bottle			●	
	Broken Bottle			●	
Japanese bedding (futon)					●
Frying pan				●	
Printer					●
Bed Pad/Bed Mattress					●
PET Bottle (for Beverage, Seasoning, etc.)	●				
Cap and label of PET Bottle		●			
Lunch Box (from convenience store, etc.)		●			
Broom	Length: 30cm or under		●		
	Length: over 30cm				●
Hose *Cut it into pieces of 30 cm or less.			●		
Ball (for tennis, golf, baseball, soccer, etc.)			●		
Pen	Metal			●	
	Plastic		●		
Ice Pack			●		
Blanket (unclean) *Dispose of clean blankets at Group Collection sites as old fabrics					●
Laundry Pole					●
Baseball bat					●
Lighters *Follow the disposal instruction as the Note 3 below				●	
Plastic Wrap (from purchased prepared food, etc.)		●			
Plastic Shopping Bag		●			

Note 1: "Plastic Containers and Packaging" are collected as <Recyclable Waste>. Unclean or Uncleanable items cannot be recycled. Please handle them as "Combustible Waste."

Note 2: Knives or broken glasses may cause injury. Please wrap them with paper or cloth and put them in a separate plastic bag labeled with the name of the items.

Note 3: Spray cans, gas lighter, etc. may cause fire in waste collection vehicles. Please put them in a separate bag labeled with the name of the items. Please do not make any hole on cans.



Days of Recyclable Materials-Waste Collection

Area		Bottle/Can/ PET Bottle (Collection Points)	Plastic	Combustible	Ceramic/ Glass/Metal	Area		Bottle/Can/ PET Bottle (Collection Points)	Plastic	Combustible	Ceramic/ Glass/Metal
Arai	1, 2, 4, 5-chome	Fri.	Thur.	Tue./Fri.	The 2 nd and 4 th Sat.	Nogata	1, 2-chome	Fri.	Thur.	Tue./Fri.	The 1 st and 3 rd Sat.
	3-chome	Fri.	Thur.	Tue./Fri.	The 1 st and 3 rd Sat.		3-chome	Tue.	Thur.	Tue./Fri.	The 1 st and 3 rd Sat.
Egota	1, 3-chome	Tue.	Fri.	Wed./Sat.	The 2 nd and 4 th Thur.	Higashi-Nakano	4-chome	Tue.	Tue.	Wed./Sat.	The 2 nd and 4 th Mon.
	2, 4-chome	Tue.	Tue.	Wed./Sat.	The 1 st and 3 rd Mon.		5, 6-chome	Wed.	Tue.	Wed./Sat.	The 1 st and 3 rd Mon.
Ehara-cho	All	Tue.	Fri.	Wed./Sat.	The 2 nd and 4 th Thur.		Honcho	1, 2-chome	Thur.	Sat.	Mon./Thur.
Kamisaginomiya	All	Wed.	Mon.	Tue./Fri.	The 2 nd and 4 th Wed.	3-chome		Thur.	Tue.	Wed./Sat.	The 2 nd and 4 th Thur.
Kamitakada	1-chome	Tue.	Sat.	Mon./Thur.	The 2 nd and 4 th Fri.	Matsugaoka	4, 5, 6-chome	Sat.	Wed.	Mon./Thur.	The 1 st and 3 rd Fri.
	2-chome	Fri.	Thur.	Tue./Fri.	The 2 nd and 4 th Sat.		1-chome	Tue.	Thur.	Tue./Fri.	The 2 nd and 4 th Sat.
	3, 4, 5-chome	Tue.	Thur.	Tue./Fri.	The 2 nd and 4 th Sat.		2-chome	Tue.	Tue.	Wed./Sat.	The 2 nd and 4 th Mon.
Saginomiya	1, 3-chome	Wed.	Mon.	Tue./Fri.	The 1 st and 3 rd Wed.	Maruyama	1-chome	Tue.	Tue.	Wed./Sat.	The 1 st and 3 rd Mon.
	2-chome	Wed.	Tue.	Wed./Sat.	The 1 st and 3 rd Mon.		2-chome	Wed.	Tue.	Wed./Sat.	The 1 st and 3 rd Mon.
	4, 5, 6-chome	Wed.	Mon.	Tue./Fri.	The 2 nd and 4 th Wed.	Minamidai	All	Sat.	Fri.	Wed./Sat.	The 1 st and 3 rd Thur.
Shirasagi	1, 2-chome	Wed.	Mon.	Tue./Fri.	The 1 st and 3 rd Wed.	Yamatocho	1, 2-chome	Wed.	Thur.	Tue./Fri.	The 1 st and 3 rd Sat.
	3-chome	Wed.	Mon.	Tue./Fri.	The 2 nd and 4 th Wed.		3, 4-chome	Wed.	Mon.	Tue./Fri.	The 1 st and 3 rd Sat.
Chuo	1, 2-chome	Thur.	Sat.	Mon./Thur.	The 2 nd and 4 th Tue.	Yayoicho	1-chome	Sat.	Fri.	Wed./Sat.	The 2 nd and 4 th Thur.
	3, 4, 5-chome	Fri.	Wed.	Mon./Thur.	The 1 st and 3 rd Fri.		2-chome	Sat.	Tue.	Wed./Sat.	The 2 nd and 4 th Thur.
Nakano	1-chome	Thur.	Wed.	Mon./Thur.	The 2 nd and 4 th Fri.		3, 4, 5, 6-chome	Sat.	Fri.	Wed./Sat.	The 1 st and 3 rd Thur.
	*2, 3, 5-chome	Fri.	Wed.	Mon./Thur.	The 2 nd and 4 th Fri.	Wakamiya	1-chome	Wed.	Tue.	Wed./Sat.	The 1 st and 3 rd Mon.
	4-chome	Fri.	Wed.	Mon./Thur.	The 1 st and 3 rd Sat.		2, 3-chome	Wed.	Mon.	Tue./Fri.	The 1 st and 3 rd Wed.
	6-chome	Thur.	Sat.	Mon./Thur.	The 2 nd and 4 th Fri.	Numabukuro	All	Tue.	Tue.	Wed./Sat.	The 2 nd and 4 th Mon.

Note * Except for the everyday collecting area of 2-Chome, 3-Chome and 5-Chome of Nakano .

“the first · the third ○” → the first and the third of
○ day of week in the month
“the second · the forth ○” → the second and the forth of
○ day of week in the month
* There is no wastes/recyclables collections on the fifth week.

★After checking your regions' wastes/recyclables collection days, please write down the day of week on each blank “○” on “How to Separate Recyclable Materials and Dispose of them” on Page 1.

Large-Sized Waste (fee-based service) Advance-application required

★Household generated waste including furniture and home appliances with a side length over 30cm
Ex. Futon, unclean blankets, chair, bicycle, vacuum cleaner, microwave, chest, wardrobe box, etc.
* Except for air-conditioner, TV, refrigerator, freezer, washing machine, cloth drier, and computer.

Please tell the “size” of furniture such as shelf and chest drawer when you request for disposal.

★Hard-to-process waste with a size under 30 cm
Ex. Bowling ball, iron dumbbell, etc .

●Application by Telephone
Large-Sized Waste Reception Center Hours: 8:00 a.m.-7:00 p.m.
(closed on Sunday and during Year-end/ New-Year holiday)
03-5715-2255

●Application via Internet
Application through “How to Dispose Large-Sized Waste” page on Nakano City Website available 24 hours a day.
* It may take 1 to 2 weeks before the collection is carried out, or even longer during year-end/New Year season.
If the line is busy, please try again later.

Nakano City Garbage Separation App

The Nakano City Garbage Separation App has been distributed for use on smartphones to easily check the various information available on waste, such as the days of recyclable waste and waste collection and a waste separation dictionary. Foreign versions (English, simplified Chinese, Korean) are also available. Please utilize the app.

●Major Functions

- Waste Collection Calendar allows checking the day of collection in your area
- Waste Separation Dictionary for checking how to separate waste
- Alarm Function to remind you when to take out waste

●How to Use

Use the two-dimensional code below to download, or search "Nakano City Waste" on the App Store or Google Play for download. Follow easy steps to set up your profile such as entering your place of residence to start using the features.
Download is free. (Communication fees may occur.)

Japanese version:

Foreign language version:

Inquire about:	Inquire to:	
<ul style="list-style-type: none"> ●Combustible Waste ●Ceramic-Glass-Metal Waste ●Plastic Containers and Packaging and so on 	Nakano City Waste Management office	Address: 1-6-3 Matsugaoka Tel. 03-3387-5353 (in Japanese) FAX 03-3387-5389
<ul style="list-style-type: none"> ●Glass bottle-Can-PET Bottle ●Group Collection (Collection of Used Paper) and the collection of other resources. ●Business waste generation form 	Nakano City Garbage ZERO Promotion Desk (Garbage ZERO Promotion Section in and after April 2019)	Address: 1-6-3 Matsugaoka (inside of the Recycling Exhibition Hall, 1-6-3 Matsugaoka) Tel. 03-3228-5555 or 5563 (in Japanese) FAX 03-3228-5634
<ul style="list-style-type: none"> ●Exhibition or donation of usable furniture out of Large-Sized Wastes or collected used clothes. ●Hosting flea markets 	Recycling Exhibition Hall	Address: 1-6-3 Matsugaoka Tel. 03-3387-2411 (in Japanese) Basic Operation Hours: 8:30 a.m. - 5:00 p.m. except the year-end and new-year