

National Health Insurance Premium Exemption Related to COVID-19 (Information)

As of July 2022, in view of COVID-19 prevention, applications shall in principle be submitted by mail only.

If you are eligible for an existing "Involuntary Unemployment Exemption of National Health Insurance" and have revenue from salary only, apply for the existing exemption system first. You may not apply for this special exemption for reduced revenues in parallel.

<Required documents>

Everyone	<p>1 <input type="checkbox"/> Application form for National Health Insurance Premium Exemption Related to COVID-19 (It can be downloaded from the Nakano City Website. If unable to download or print, please contact us below. We will mail you the form.)</p> <p>2 <input type="checkbox"/> Revenue status report as related to COVID-19 (It can be downloaded from the Nakano City Website. If unable to download or print, please contact us below. We will mail you the form.)</p> <p>3 <input type="checkbox"/> Photocopies (① and ②) of identification documents (proof of "My Number" or identity) of the head of household</p> <p>① A photocopy of an identification document (driver's license, passport, "My Number" Card, etc.)</p> <p>② A photocopy (see note) of a document with "My Number" ("My Number" Card, Notification Card, etc.)</p> <p>Note: If all other documents are ready and complete, we will accept the application without the "My Number" Card documentation in ②.</p>
A household whose primary breadwinner has passed away or became seriously disabled.	<p>4 <input type="checkbox"/> A photocopy of the death certificate or medical report from a physician</p>
A member of a household whose primary breadwinner experienced a decrease in business revenues	<p>5 <input type="checkbox"/> A photocopy (any of ① - ③) of proof of 2021 revenue/income for the primary breadwinner and all persons covered by the National Health Insurance:</p> <p>① A photocopy of the 2021 tax return (all documents submitted)</p> <p>② (persons with revenue from salary only) A photocopy of the 2021 earnings statement</p> <p>③ A photocopy of the tax payment certificate, tax declaration certificate, etc.</p> <p>6 <input type="checkbox"/> A proof of 2022 revenue projection of the primary breadwinner (① or ②; ③ if applicable):</p> <p>① 2022 annual revenue projection report</p> <p>② A photocopy of pay stub, bank book, journal cash book, etc.</p> <p>③ If any amount is to be compensated by insurance or damage claims, a photocopy of documented proof such as the book, insurance policy, etc.</p>
A household whose primary breadwinner closed a business or became unemployed	<p>7 <input type="checkbox"/> A documented proof of business closure or unemployment of the primary breadwinner (① or ②; both required for persons with revenues from business and salary):</p> <p>① A photocopy of sole proprietorship closure notice, etc.</p> <p>② A photocopy of discharge notice, resignation letter, unemployment insurance qualification certificate (both sides), etc.</p>

- Please note
- Submitted documents will not be returned in principle.
 - If we cannot process your application due to incomplete documentation, all documents may be mailed back.
 - Please use **simplified registration mail** or request **certificate of mailing**.
 - On the application, please use a phone number where you are reachable during business hours on a weekday.
 - If you need to complete a tax filing for your 2021 revenue/income and have not done so yet, please complete and file immediately. In case you filed the tax return on this occasion, contact us below and submit a photocopy of the said document once it is filed.

Nakano City Office (2nd floor, #5 window)

Nakano City National Health Insurance (Nakano City Health Insurance and Medical Desk, Qualifications Assessment Manager)

4-8-1 Nakano, Nakano City, Tokyo 164-8501 Phone: 03-3228-5511 (direct)

Cut out this address label and paste it on the envelope that you will be mailing to us.

〒164-8501
中野区中野4-8-1

中野区役所 保険医療課 資格賦課係 行

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