My Family's Disaster Preparedness Memo

Write down your places of refuge and its contact details. This will help you stay safe even if you are unable to use your cell phone. Also, write down any pre-existing medical conditions, prescriptions, or allergies you have in the memo section to help you in case of an emergency.

Places of Refuge in the event of Storm/Flood Disaster (The Home of your Relatives or Acquaintances etc.)
Evacuation Sites at Times of Flood
Evacuation Sites at Times of Landslide Disaster

Contact Details of Your Family

Name	Phone Number	E-mail	Blood Type
Name	Phone Number	E-mail	Blood Type
Name	Phone Number	E-mail	Blood Type
Name	Phone Number	E-mail	Blood Type

Emergency Contact

Name	Phone Number	E-mail
Name	Phone Number	E-mail

Memo

Emergency Phone Numbers

When calling, clearly state your location, name, etc., and be as detailed as possible when describing your situation and any measures you have taken.

Nakano City	Nakano City Office: 03-3389-1111 For inquiries regarding the Emergency Broadcast, call 03-3228-5726
Fire Despatch & Emergencies	Tokyo Fire Department: 119 If you're unsure of the need for an ambulance, call the Emergency Telephone Consultation Center on #7119
Accidents/Incidents	Metropolitan Police Department: 110 For non-emergencies, call the Metropolitan Police Department Help Desk on #9110
Landline Telephone	NTT East: 113 or 0120-444-113
Electricity	TEPCO Power Grid Customer Center: 0120-995-007 or 03-6375-9803
Gas	Tokyo Gas Customer Center: 0570-002211 or 03-3344-9100
Water	Bureau of Waterworks: 03-5326-1101

Nakano City Office

Published September 2026

Disaster Prevention & Crisis Management Department, General Affairs Section
●Tel: 03-3228-8933 ●Fax: 03-3228-5647
制作・印刷／(株) 武揚堂 「測量法に基づく国土地理院長承認（使用）R 8JHs 168」

Nakano City Hazard Map

(Storm, Flood, or Landslide Disasters)

Major revision in the 2026 Edition

- Revised Disaster Preparedness and Weather Information P2, P39
- Changes and additions to the Wind and Flood Disaster Timeline P9-P11
- Revised Evacuation Sites due to school consolidation and closures P14-P32, P34, P35
- Addition of Potential Flooding Areas at Risk of Building Collapse (Flood Flow/Riverbank Erosion) P36, P37

As of May 29, 2026, the Disaster Preparedness and Weather Information issued by the Japan Meteorological Agency has been revised. Scan the QR code for more details.

About Evacuation Sites

The Residents Activity Centers are Evacuation Sites during flooding.



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Flood Disaster
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Flood Disaster

● Be Aware ● Be Vigilant

Flood Disaster in Nakano City

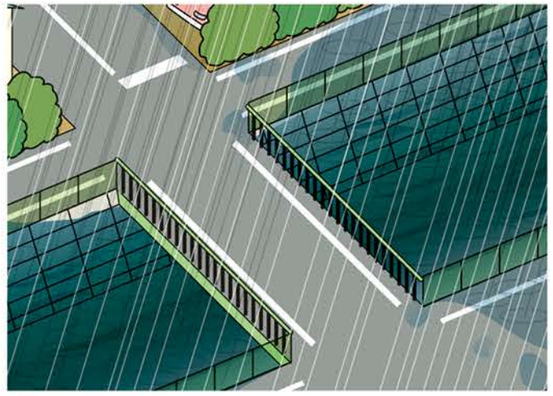
Characteristics of Nakano City's Flood-control Measures

In the past, typhoons and torrential rains have frequently inundated river basins such as that of Kanda River, Zenpukuji River, Myoshoji River, and Egota River, causing major damage across Nakano City.
In recent years, river improvements and the development of underground reservoirs along the Kanda River and Loop Road No.7 (Kan-nana Dori) have prevented major damages from river overflows, however, **urban flood disasters such as the flooding of roads and inundation of houses due to inland flooding of sewage systems continue to occur frequently.**
Also, due to the onset of climate change in recent years, record-breaking heavy rains, including typhoons and torrential rains that exceed the flood control capacity, have been observed in many areas, and the damages are becoming more extensive. We, therefore, must have a greater sense of urgency about the occurrence of flood disasters in our city.

Expected Flood Damage in Nakano City

River Flood (Kanda River, Zenpukuji River, Myoshoji River, Egota River Basin)

"River Water" is the body of water that flows between levees.
River Floods occur when the water level of a river rises due to heavy rains and other factors, causing large amounts of River Water to spill into urban areas due to breaches in levees and overflows. It can harm humans and damage properties in a short space of time.

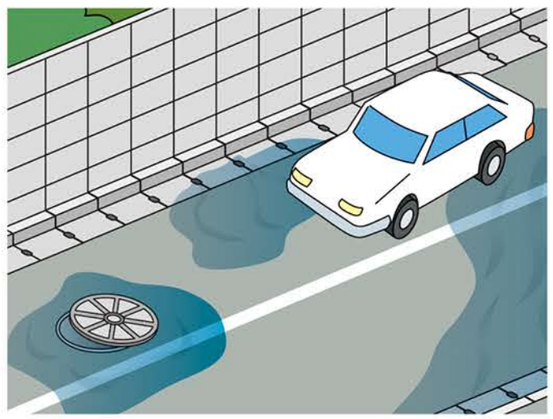


Note of Caution

Even if there is no heavy rainfall nearby your location, heavy rainfall in the upper reaches of a river can cause the water level downstream to rise, resulting in river flooding. Be aware of weather and river information across a wide area if heavy rain persists.

Inland Flood (Across the entire city)

As opposed to "River Water", water present in urban areas and other areas protected by levees is called "Inland Water".
An Inland Flood occurs when heavy rainfall exceeds the drainage capacity of the sewerage system and rainwater reservoirs, or when "Inland Water" cannot drain due to a rise in river water level, or when water overflows from manholes and floods the surrounding land and roads.



Note of Caution

Because there is less exposed soil due to urban development, rainwater is unable to infiltrate the ground in urban areas. As a result, localized heavy rains, such as torrential rains, are more likely to cause inland flooding.
Inland flooding is a disaster that can occur even if there are no rivers nearby.

Flood Disaster

Be Aware　Be Vigilant

Types of Disaster & Evacuation Information / How to Obtain Information

Disaster Preparedness and Weather Information (Weather and River Information) <Issued by the Japan Meteorological Agency, etc.>

Information on typhoons and heavy rainfall will be released by the Japan Meteorological Agency.

Information on water levels and flow rate of designated rivers is released jointly by the Japan Meteorological Agency and the Ministry of Land, Infrastructure, Transport and Tourism, or prefectural agencies.

Alert Level	Heavy Rain	River Flooding	Recommended Action
Level 5 (Equivalent)	Level 5 Heavy Rain Special Warning	Level 5 Flood Special Warning	Disaster has already occurred or is imminent (This information may not always be issued) Your life is at risk/Seek safety immediately
Level 4 (Equivalent)	Level 4 Heavy Rain Danger Warning	Level 4 Flood Danger Warning	Please pay attention to the "Evacuation Instruction" notice issued by Nakano City. Even without the issuance of the "Evacuation Instruction", start evacuating if you determine that you are in danger.
Level 3 (Equivalent)	Level 3 Heavy Rain Warning	Level 3 Flood Warning	Please pay attention to the "Evacuation of the Elderly, Etc." notice issued by Nakano City. For those who require extra time to evacuate, please make your own decision to evacuate early.
Level 2	Level 2 Heavy Rain Advisory	Level 2 Flood Advisory	Using the hazard map along with other resources, check for possible disaster areas, evacuation sites, and evacuation routes.
Level 1	Early Warning Information (Possibility of Warning-Level Weather)		Heighten your preparedness for disasters by checking the latest disaster and weather information.

*Information regarding river flooding is issued only for the Kanda, Myoshoji, and Zenpukuji Rivers.

Evacuation Information (Alerts Urging Evacuation) <Issued by Nakano City for Specific Areas>

Alert Level	Evacuation Information, etc.	Recommended Action
Level 5	Emergency Safety Measures (May not always be issued)	Your life is at risk Seek safety immediately!
	<Be sure to evacuate by Alert Level 4!>	
Level 4	Evacuation Instruction (Issued at the same timing as the former evacuation recommendation)	Everyone should evacuate from hazardous places
Level 3	Evacuation of the Elderly, Etc.	Elderly etc. should evacuate from hazardous places*

*If necessary, people other than the elderly, etc. should also halt what they are doing or evacuate on their own accord.

Nakano City will decide to issue the evacuation information based on the above-mentioned weather and river information. Therefore, evacuation information of the same level may not be issued at the same time as the weather and river information.

Be aware that you are responsible for your own life. Take appropriate evacuation measures using the available weather information.

How to Obtain Disaster/Evacuation Information

Information Issued by Nakano City (Evacuation Information, etc.)

Nakano City Official Website

https://www.city.tokyo-nakano.lg.jp/

In the event of a major disaster, the website will automatically show a special webpage for times of disaster.



Nakano City's Official Social Media Accounts

X (former Twitter) ··· Account Name: Nakano City, Tokyo (Public Relations), User ID: @tokyo_nakano

LINE ··· Account Name: Nakano City, Account ID: @nakanoku

Facebook ··· Account Name: Nakano City Office, User ID: @nakano.city.tokyo

The account will broadcast information on disasters during emergencies, as well as PR information about the city.

X　LINE　Facebook

River Sirens

In Nakano City, a siren sounds when the water level in any of its rivers reaches the warning level. If you hear a siren, please do not go near a river under any circumstances.

Nakano City Website "Preparing for Floods"

Disaster Preparation & Crime Prevention Information E-mail Magazine <Advanced Registration Required>

Disaster and emergency information will be sent to your registered e-mail address.
To register, please scan the QR code on the right and follow the instructions.



Nakano City Emergency Broadcast System

Evacuation information such as evacuation instruction will be announced on the Emergency Broadcast System. If you are unable to listen to the audio, call the number on the right.

03 - 3228 - 5726



Yahoo! Disaster Preparedness Alert

By registering Nakano City as your area, you will be able to receive "Evacuation Information" as well as other information issued by the city.



Area Mail/Emergency Mail Service/Urgent News

No pre-registration is required. Selected disaster alerts, such as information regarding river flooding, will be broadcast to cell phones and smartphones within Nakano City connected to NTT Docomo, au, SoftBank, and Rakuten.

Information Issued by Public Institutions (Weather Information, etc.)

Japan Meteorological Agency Official Website

https://www.jma.go.jp/

Latest weather information, information on typhoons, heavy rains, landslides, and tornadoes, as well as future trends.



MLIT "River Hazard Information"

https://www.river.go.jp/

National wide information on water levels, rainfall, rivers at increased risk, and flood forecasts.

Tokyo Metropolitan Government Disaster Prevention Information

https://www.bousai.metro.tokyo.lg.jp/

Comprehensive Disaster Prevention Information Website by the Tokyo Metropolitan Government. Refer to page 8 of the My Timeline.



Digital Television Broadcasting

You can check for evacuation information such as warnings and evacuation instruction issued by Nakano City in text.

Flood Disaster

Disaster Preparedness / How to Staying in Contact

Protecting Your Home from Flooding

Clean Your Gutters and Rainwater Gullies

- Do not let your roadside gutters or rainwater gullies get clogged up to avoid the flooding of roads, etc.
- Do not place blocks or other objects on top.
- Please cooperate by regularly cleaning up your area.

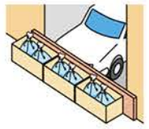
Prevent Flooding with a Simple Water Bag

You can make a simple water bag by doubling up a garbage bag, half-filling it with water, and tying the mouth of the bag.





Use it to prevent backflow from drains in toilets, washing machines, and bathrooms



It can be an alternative sandbag if used in conjunction with water sealing plates or boxes

Precautionary Measures for Underground Facilities

- If flooding is expected in your underground car park, place water sealing plates or sandbags.
- Drainage equipment such as pumps should regularly be inspected and maintained.

The locations of the "sandbags" provided by Nakano City are shown on the hazard map (page 14 onwards). For information on how to use the sandbags, please check the city's website via the QR code on the right.

How to use sandbags

Reduce water use (River Basin Disaster Resilience and Sustainability by All)

During heavy rain, **those who live far away from rivers or live on the upper floors of buildings** should also reduce water use.

- Reducing household waste water such as from laundry or baths, etc., can help reduce flood damage during heavy rainfall.
- The community-wide initiative to protect your town from heavy rainfall by being mindful of water use is known as "River Basin Disaster Resilience".

Preparation of Ready-to-go Supplies, etc.

Have minimum necessary ready-to-go supplies, personal belongings, and emergency stockpiles in case of evacuation.

You should have a minimum of 3 days' worth of drinking water (3 liters per person per day) and food.

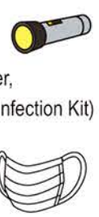
Ready-to-go Supplies and Personal Belongings

Food
- ☐ Portable Food (Dietary Supplements)
- ☐ Drinking Water



Daily Necessities
- ☐ Portable Radio
- ☐ Chargers, Batteries
- ☐ Flashlight, Batteries
- ☐ Work Gloves
- ☐ Towels, Wet Wipes
- ☐ Mask, Hand Sanitizer, Thermometer (Anti-Infection Kit)
- ☐ Change of Clothes



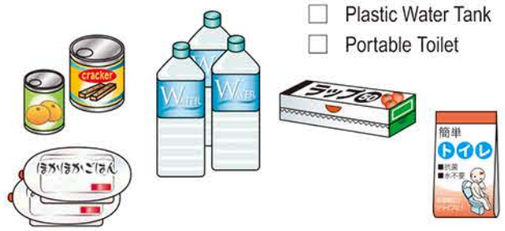


Valuables, etc.
- ☐ Cash
- ☐ Identity Documents

If Necessary
- ☐ Contact Lens Solution
- ☐ Spare Glasses
- ☐ Household Medicine
- ☐ Paper Diapers
- ☐ Milk Powder
- ☐ Baby Bottle
- ☐ Anti-Allergy Food
- ☐ Sanitary Napkin
- ☐ Pet Food
- ☐ Pet Supplies

Emergency Stockpile

Food
- ☐ Rice, Instant Rice
- ☐ Instant Food, Instant Noodles, Canned Food
- ☐ Snacks
- ☐ Drinking Water (3 liters per person per day for 7 days)



Other
- ☐ Portable Stove
- ☐ Gas Cartridge
- ☐ Paper Plates, Paper Cups, Throwaway Chopsticks
- ☐ Food Wraps
- ☐ Plastic Water Tank
- ☐ Portable Toilet

*Ready-to-go supplies may include items that could be considered as part of an emergency stockpile.

Preparing for Typhoon and Storm Damages

When a typhoon or strong winds are expected, check the weather forecast regularly. If necessary, stay indoors and do not go out. Tornadoes and other strong gusts are more likely to occur when typhoons are approaching or passing through.



What to Do Before the Strong Winds Arrive

- Plant pots, ornaments, and clotheslines outside your home could get blown away by strong winds, injuring pedestrians and damaging neighboring homes. Store them inside your home or secure them with ropes or chains in advance.
- If your windows do not have shutters, cover the glass with shatterproof film and close the curtains.

How to Stay in Contact During a Disaster

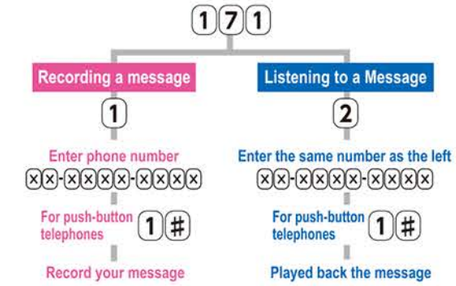
Twice a month, you can try out the Disaster Emergency Message Dial (171), the Disaster Message Board (web171), and the Mobile Phone Disaster Message Boards, which are introduced below. It's a good idea to practice its use with your family during normal times in case of a disaster.

Trial Period

- 1st and 15th of Every Month
- First 3 days of January
- Disaster Preparedness Week (August 30 - September 5)
- Disaster Preparedness and Volunteer's Week (January 15 - 21)

Disaster Emergency Message Dial (171)

The Disaster Emergency Message Dial is a "voice message board" for people in disaster-affected areas. People not affected by a disaster can exchange recorded voice messages with those in disaster-affected areas regarding their safety, etc.
Even when a disaster strikes, it should be relatively easy to get through to people outside the disaster-affected area via telephone. Decide who will be the point of contact in advance so that you can exchange information with your relatives and friends that live far away from you.
*You can register for this service using all phone numbers, including mobile phones, subscriber phones, ISDN, Hikari Denwa(optical phones), IP phones, etc.



If you are in a disaster-affected area, please enter your home telephone phone number. If you want to contact the person in a disaster-affected, please enter their phone number. (In both cases, include the area code)

Disaster Message Board (web171)

The Disaster Message Board (web171) is an Internet message board for safety confirmation. It can be used with any device with an Internet connection, including computers, smartphones, and mobile phones.



Visit https://www.web171.jp or search "web171"

Read the terms and conditions then select "I agree".

Enter the phone number of the person in the affected area including the area code

Register and check messages

Disaster Message Board
(A Service Provided by Mobile Phone Companies)

This is a service provided by mobile phone companies that allow you to register your safety information on the Disaster Message Board operated by your mobile phone company, which can be viewed by people all over Japan. Although you can only register on the message board of the mobile phone company you have a contract with, you can also view the information on the message board from your computer or phones of different telephone operators.

Visit https://www.web171.jp or search "web171"

Enter the phone number of the person in the affected area including the area code

To register a message	If you want to check for a message
Click on "Register"	Click on "Check"
Fill out the form	Check the message

Family Meeting / How to use the Hazard Map

Family Meeting

You should discuss disaster preparedness with your family regularly and make sure you know where to evacuate to, the evacuation routes, communication methods, and rendezvous points.
Write down your plan on the back cover of your "My Family Disaster Prevention Memo" or "My Timeline".



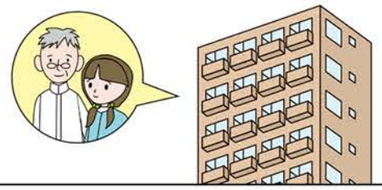
What a Family Meeting Looks Like (example)

- How to stay in touch with family members
- The role of each families members during disasters
- Check for hazard areas near your home or school with the Hazard Map
- Confirming the safe route to evacuation sites at times of flood
- Confirming which evacuation site will be the final meeting place
- A place other than evacuation sites at times of flood in Nakano City (A friend's or relative's house, etc.)
- What to pack, managing your ready-to-go supplies and belongings.

Planning Your Evacuation

Five Points to Consider

Evacuation means to [avoid] [accidents]. It is not necessary to go to an evacuation site if you are in a safe place.



Evacuation sites are not the only places to evacuate to. Consider evacuating to the house of a relative or friend that's safe.

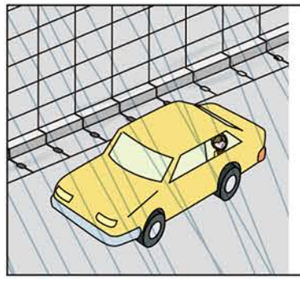


Try to take as much personal supply of masks, disinfectants, a thermometer, food, etc.



The evacuation sites designated by Nakano City may have been changed or expanded since this brochure was made.
Please check the Nakano City's website in case of a disaster.





It is dangerous to be outdoors during heavy rains. If you have no choice but to drive or stay in your car, be vigilant of the situation around you to avoid flooding.

Take appropriate evacuation actions by being aware that "you are responsible for protecting your own life"



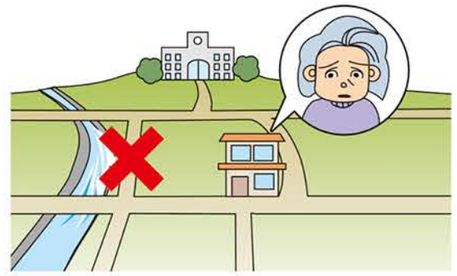
How to use the Hazard Map

1 Knowing the Risks of Flooding that Could Occur Near You

Check the Hazard Map that lists the areas near you, such as your home, schools, and stations, to see the kinds of disasters that could be expected.

Things to Check For

- Are you in a flood-prone area?
- How much inundation will there be?
- How long will the inundation last (see pages 34 and 35)



2 Considering Your Evacuation Options

Make sure that your evacuation method is appropriate for the risks you have identified in #1.
The safety of your evacuation method will vary depending on your area or your family composition.

Things to Check For

- If you are within the expected zone of danger, you must start evacuating as soon as possible because the evacuation sites are outside the zone.
- Families with people who require more to time evacuate should start their evacuation as early as possible.

3 Check Your Evacuation Site

Check the evacuation sites near your home for times of flood disaster by actually walking the evacuation routes that you think are safe.

Things to Check For

- Avoid dangerous routes such as those that involve crossing bridges or walking along rivers.



4 Creating "My Timeline"

"My Timeline" will help each person to think and decide in advance the actions to take in preparing for evacuation so that you will not be in a panic during an emergency.
Learn the necessary knowledge for evacuation using the Hazard Map and plan your evacuation actions. You should then discuss it with your family and create your own "My Timeline" sheet.



What Can "My Timeline" Help You Do

- It can help you learn the characteristics of storm and flood disasters, such as river inundation and landslides, and also help you to interpret weather and evacuation information that can be used to guide your evacuation.
- It will make your evacuation safer by helping you to recognize the nearby dangers and dangerous behaviors.
- It will help you recognize the correct course of action in response to the disaster/evacuation information issued.

Flood Disaster

Timing of Evacuation

Making Use of Tokyo's My Timeline

In Tokyo,

- When a typhoon is approaching!
- When heavy rain persists!
- When there is a brief but sudden downpour!

There are three types of "My Timeline" sheets available for each of these situations. For those who are creating their own "My Timeline" for the first time, we also provided a "My Timeline Creation Guide".



Tokyo's My Timeline
https://www.bousai.metro.tokyo.lg.jp/mytimeline/index.html

Nakano City Residents' Storm and Flood Disaster Timeline

Tokyo's My Timeline ("My Timeline" henceforth) by the Tokyo Metropolitan Government has been in distribution since June 2019 as a guide to help the evacuation of Tokyo's residents during times of storm and flood disaster. It helps residents have a better understanding of disaster preparedness information so that they can take appropriate evacuation actions according to their environment and local characteristics.

"My Timeline" is an action plan that each individual should prepare in advance for evacuation. It is essential for taking evacuation action in the event of a storm or flood disaster.

We have created a "Storm and Flood Disaster My Timeline for Nakano City Residents (see the next page)" so that the residents of Nakano City can create their own "My Timeline".

Please make the most of it.

Nakano City Disaster Preparedness and Weather Information
You can check the precipitation of your district. Please make use of it.

How to Create "My Timeline"

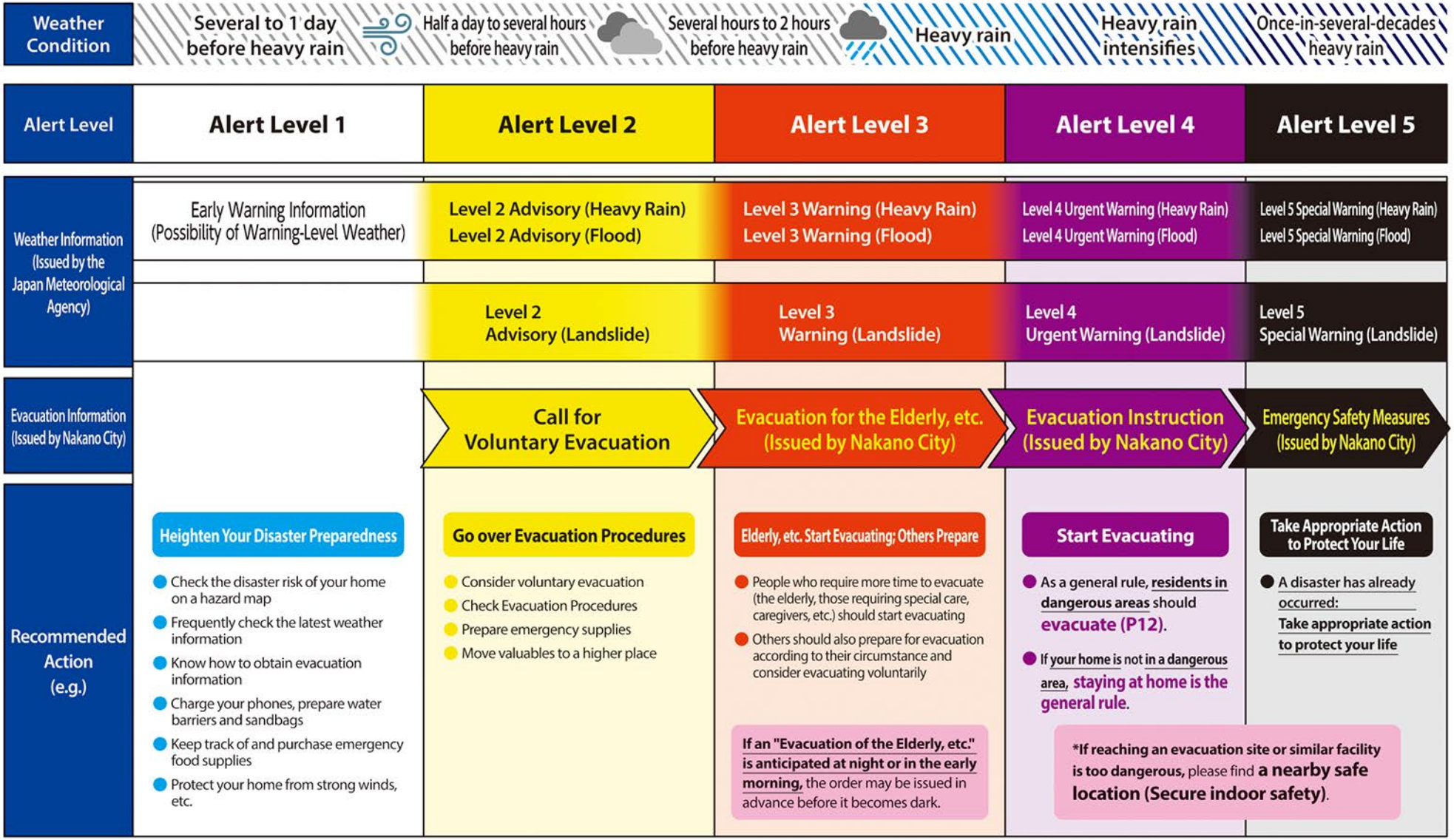
You can create your personalized "My Timeline" by collecting the information you need and writing it down on the sheet.

It is also a good idea to write down items that are difficult to stockpile at the evacuation site (emergency medications, pet supplies, etc.), as well as information regarding your neighbors who need help with evacuation, and the roles of your family member during an evacuation, so that you won't be disorganized in the event of an emergency.

How to Create "My Timeline"

1. Check and write down possible risks nearby in the event of a storm, flood, or landslide disaster using the Hazard Map (see page 7)
2. Check and write down the weather and evacuation information that you will need (see pages 2 and 3)
3. Consider and write down the safe evacuation actions, keeping in mind the timing of the start of evacuation (see pages 10 and 11)

Timeline of Wind and Flood Disasters for Nakano City Residents



Depending on the weather and geographical factors, evacuation alerts/orders may not necessarily be issued in the above order.
If you feel that you are in danger, please start evacuating to a safe location even in the absence of evacuation alerts.

Flood Disaster

Timing of Evacuation

Let's create your family's "My Timeline"

Wind/water-related disasters such as Typhoons can be predicted to some extent in advance by keeping up with weather forecasts, etc.
To protect your family's lives and prepare for disasters, having a detailed plan on what you and your family will do in advance will allow you to act calmly in times of stress and danger.
Let's create My Timeline that chronologically outlines the actions of each family member during times of disaster.

Precautions when using My Timeline

Natural phenomena such as typhoons and heavy rain do not always unfold as expected.
Please keep the following points in mind when using My Timeline.

1. My Timeline is only a guideline for your actions.
2. Frequently collect and check disaster prevention and weather information, and evacuation information, etc.
3. Make flexible decisions based on the information you gathered and verified.



My Timeline Sheet (Typhoon)

Weather Condition	Several to 1 day before heavy rain	Half a day to several hours before heavy rain	Several hours to 2 hours before heavy rain	Heavy rain	Heavy rain intensifies	Once-in-several-decades heavy rain

Alert Level	Alert Level 1	Alert Level 2	Alert Level 3	Alert Level 4	Alert Level 5
Weather Information (Issued by the Japan Meteorological Agency)	Early Warning Information (Possibility of Warning-Level Weather)	Level 2 Advisory (Heavy Rain) Level 2 Advisory (Flood)	Level 3 Warning (Heavy Rain) Level 3 Warning (Flood)	Level 4 Urgent Warning (Heavy Rain) Level 4 Urgent Warning (Flood)	Level 5 Special Warning (Heavy Rain) Level 5 Special Warning (Flood)
		Level 2 Advisory (Landslide)	Level 3 Warning (Landslide)	Level 4 Urgent Warning (Landslide)	Level 5 Special Warning (Landslide)
Evacuation Information (Issued by Nakano City)		Call for Voluntary Evacuation	Evacuation for the Elderly, etc. (Issued by Nakano City)	Evacuation Instruction (Issued by Nakano City)	Emergency Safety Measures (Issued by Nakano City)
My Family's Actions — Name	Heighten Your Disaster Preparedness	Go over Evacuation Procedures	Elderly, etc. Start Evacuating; Others Prepare	Start Evacuating	Take Appropriate Action to Protect Your Life

My Timeline Sheet (Heavy Rain)

気象状況	2-3 days prior	Heavy rain	Heavy rain intensifies	Once-in-several-decades heavy rain

Alert Level	Alert Level 1	Alert Level 2	Alert Level 3	Alert Level 4	Alert Level 5
Weather Information (Issued by the Japan Meteorological Agency)	Early Warning Information (Possibility of Warning-Level Weather)	Level 2 Advisory (Heavy Rain) Level 2 Advisory (Flood)	Level 3 Warning (Heavy Rain) Level 3 Warning (Flood)	Level 4 Urgent Warning (Heavy Rain) Level 4 Urgent Warning (Flood)	Level 5 Special Warning (Heavy Rain) Level 5 Special Warning (Flood)
		Level 2 Advisory (Landslide)	Level 3 Warning (Landslide)	Level 4 Urgent Warning (Landslide)	Level 5 Special Warning (Landslide)
Evacuation Information (Issued by Nakano City)		Call for Voluntary Evacuation	Evacuation for the Elderly, etc. (Issued by Nakano City)	Evacuation Instruction (Issued by Nakano City)	Emergency Safety Measures (Issued by Nakano City)
My Family's Actions — Name	Heighten Your Disaster Preparedness	Go over Evacuation Procedures	Elderly, etc. Start Evacuating; Others Prepare	Start Evacuating	Take Appropriate Action to Protect Your Life

My Timeline Sheet (Short-duration Torrential Rain)

気象状況	2-3 hours prior	Heavy rain	Heavy rain intensifies	Once-in-several-decades heavy rain

Alert Level	Alert Level 1	Alert Level 2	Alert Level 3	Alert Level 4	Alert Level 5
Weather Information (Issued by the Japan Meteorological Agency)	Early Warning Information (Possibility of Warning-Level Weather)	Level 2 Advisory (Heavy Rain) Level 2 Advisory (Flood)	Level 3 Warning (Heavy Rain) Level 3 Warning (Flood)	Level 4 Urgent Warning (Heavy Rain) Level 4 Urgent Warning (Flood)	Level 5 Special Warning (Heavy Rain) Level 5 Special Warning (Flood)
		Level 2 Advisory (Landslide)	Level 3 Warning (Landslide)	Level 4 Urgent Warning (Landslide)	Level 5 Special Warning (Landslide)
Evacuation Information (Issued by Nakano City)		Call for Voluntary Evacuation	Evacuation for the Elderly, etc. (Issued by Nakano City)	Evacuation Instruction (Issued by Nakano City)	Emergency Safety Measures (Issued by Nakano City)
My Family's Actions — Name	Heighten Your Disaster Preparedness	Go over Evacuation Procedures	Elderly, etc. Start Evacuating; Others Prepare	Start Evacuating	Take Appropriate Action to Protect Your Life

How to Evacuate / Daily Life under Evacuation

How to Evacuate in Case of a Flood Disaster

As a general rule, evacuate and secure your safety indoors during an emergency. Even if an evacuation instruction has been issued, you should start evacuating if you feel that remaining in your area is unsafe.



How to Evacuate in Case of a Flood

If an evacuation instruction has been issued, follow the instructions and quickly evacuate to your designated evacuation site or a place of safety such as a relative's or friend's house.

Securing Safety Indoors (Vertical Evacuation)

If you are in imminent danger and there is no time to evacuate to a safe place, or if the route to the evacuation site is difficult or dangerous, evacuate to the second or higher floor of your building.

"Securing Safety Indoors" is not a guaranteed way to stay safe. It is an emergency measure of last resort. If there is no imminent danger, you should evacuate your building as soon as possible to ensure your safety!

Cautionary Points for when Evacuating

Act on Your Own Accord



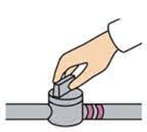
- Check TV and radio for the latest weather and evacuation information.
- **If you feel that you are in danger, evacuate on your own accord instead of waiting for an evacuation instruction to be issued.**
- If there are people in your neighborhood who require special attention and need more time to evacuate, such as the elderly, help them by evacuating together.
- If you are evacuating to a relative's or friend's house, try to evacuate as soon as possible while public transportation is still running.

Recommended Dress/Action



- Do not act independently.
- Wear clothes that are easy to move about in.
- Don't forget to bring your supplies.
- Boots can be dangerous as they can get caught in the water. Wear sneakers.

Before Leaving Your House



- Did you turn off the gas?
- Did you turn off the power breaker?
- Have you notified your relatives and friends that you are evacuating?

Know Which Evacuation Route and Evacuation Site are Safe.

- Make sure you have checked the safe route to the evacuation site as you planned for during the family meeting (see page 7).
- **In the event of flooding in Nakano City, your local Residents Activity Center is the evacuation site.**

Cautionary Points for when Evacuating by Foot



- The maximum depth of water that a person can walk in is approximately 50cm. If the current is strong, even shallow waters can be dangerous!
- Using a long stick or umbrella as a walking stick, check for any gutters and manhole covers that may have come off so that you do not fall inside.

Do Not Evacuate by Car

- Cars can lose mobility on flooded roads. Also, as the water level rises, you can be swept away in your car.
- There is a risk that you will be stuck in traffic jams and miss your chance to escape the disaster if you evacuate by car.
- You should avoid evacuating by car except for in special circumstances, such as when evacuating early with those that are sick or require special assistance.
- **The evacuation sites at times of flood designated by the city do not have parking lots. There are no evacuation sites designed for vehicles.**

Taking Refuge in Your Own Home (If Your Home is Safe)

If your home is not in danger, taking refuge in your home should be the primary approach. If you are familiar with your home, you can prevent yourself from becoming ill due to the stress of a change in the environment and living with a group of people. Get the right information and live off the food you have stockpiled at home.



- If water or sewerage service is cut off, you will not be able to use a flush toilet. Prepare enough portable toilets for your family to last several days.
- In the case of electricity or gas outage, prepare a portable stove, gas cartridges, flashlight, etc. as an alternative.

Living at an Evacuation Site (If Your Home is Dangerous)

Living at an evacuation site away from home is very inconvenient. Also, since strangers are living together in a limited space, some may fall ill due to stress or overfatigue in a harsh environment. At an evacuation site, it is important to follow the rules and help care for each other.



Live cooperatively by sharing responsibilities such as cleaning and cooking. Physical activity in moderation can help prevent economy class syndrome (see below).

Be Considerate to Those Around You

- Take care of your physical and mental health.
- Take care of your personal information. Keep your driver's license, my number card, etc. in a safe place.
- Please be considerate and supportive of pregnant women and infants.





Considerations for Evacuating with Pets



- It is the owner's responsibility to look after and manage their pets. At an evacuation site, your pet will have to be kept away from the living spaces of people.
- Prepare a carry-bag or cage and food and goods for your pet.
- Be sure that your pet is wearing a collar, identification tag, and or is microchipped, and has various vaccinations done in advance.

What to Do for a Person Who Needs Special Assistance

A person in need of special assistance is someone who needs the help of those around him or her to protect themselves from a disaster. (For details on considerations and support, see page 33)

Taking Care of Your Health

If living under evacuation is prolonged, there is a high possibility that you may fall ill, have a pre-existing illness get worse, or suffer from a serious condition due to major changes in your living environment. Try to be extra careful with your health and lifestyle.



How to Avoid Economy Class Syndrome

If you stay in the same physical position for a prolonged amount of time, your blood can clot easily from poor circulation, which can lead to potentially fatal diseases such as pulmonary embolism.
Avoid this by moving your feet and toes frequently and doing light exercises and stretches.
Also, be aware that many people are choosing to evacuate by vehicle for privacy and the prevention of infectious diseases, but this can in turn increase the potential for Economy Class Syndrome.

Flood Disaster Hazard Map / Index Map
(River Flooding/Inland Flooding)

The opening of evacuation sites will depend on the flood situation. Check the availability of evacuation sites at the City Office or Residents Activity Centers.

This Flood Disaster Hazard Map shows the expected area of flood inundation, inundation height, and designated evacuation sites for each district, in the event of heavy rainfall in the river basins around that of the Kanda River.
This map shows both flooding caused by water overflowing from rivers (river flooding) and flooding caused by clogged sewer pipes or water pooling in low-lying areas (inland flooding).
(1) Target rainfall event: Assumed maximum possible rainfall (Maximum hourly rainfall: 153 mm, Total rainfall over 24 hours : 690 mm)
(2) The Inundation Simulation Area Map uses simulation to show the expected inundation in the event of maximum possible rainfall. The map takes into account the present (2016) maintenance situation of rivers and sewers in the targeted areas. (Prepared by the Liaison Committee for Urban Flood Control on March 30, 2018)
(3) The areas expected to be flooded and the severity of flooding may vary depending on the nature of rainfall, changes to landform, and the maintenance situation of rivers and sewers.

N
0 600m
1 : 24,000

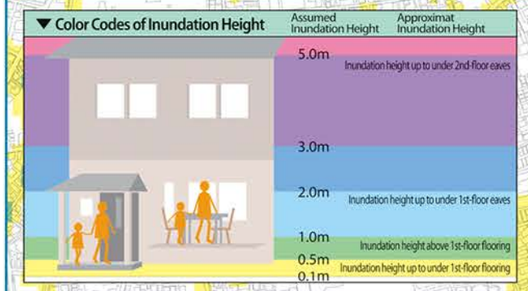
⑮ P.32
⑩•⑪ P.26-P.27
⑧•⑨ P.24-P.25
⑥•⑦ P.22-P.23
⑭ P.30-P.31
⑫•⑬ P.28-P.29
③ P.19
④•⑤ P.20-P.21
② P.18
① P.16-P.17

List of Evacuation Sites at Times of Flood

Area / Residents Activity Center (Temporary Evacuation Site)	Evacuation Site	Address
Minaminakano Residents Activity Center 3382-1456 / 5-5-2 Yayoicho	Secondary School attached to the Faculty of Education, the Univ. of Tokyo	1-15-1 Minamidai
	Minamino E.S.	4-27-11 Yayoicho
	Minamidai E.S.	3-44-9 Minamidai
	Former Minamidai E.S.	4-4-1 Minamidai
	Nanbu Sukoyaka Welfare Center and other Facilities	5-11-26 Yayoicho
Yayoi Residents Activity Center 3372-4000 / 1-58-14 Yayoicho	Nakano Dai-ichi E.S.	3-16-1 Honcho
	Secondary School attached to the Faculty of Education, the Univ. of Tokyo	1-15-1 Minamidai
Tobu Residents Activity Center 3363-0751 / 2-18-21 Chuo	Hosen Gakuen	2-28-3 Chuo
	Nakano-higashi J.H.S. Complex	1-41-4 Chuo
Nabeyoko Residents Activity Center 3383-2731 / 5-47-13 Honcho	Nitobe Bunka Gakuen	6-38-1 Honcho
Momozono Residents Activity Center 3382-5151 / 4-57-1 Chuo	Chubu Sukoyaka Welfare Center	3-19-1 Chuo
	Toka E. S.	5-43-1Chuo
	Momozono Dai-ni E. S.	1-57-12 Nakano
	Nakano J.H.S.	4-12-3 Nakano
Showa Residents Activity Center 3368-8181 / 5-4-7 Nakano	Meiji Univ. Nakano J.H.S & S.H.S	3-3-4 Higashinakano
	Momozono Dai-ni E. S.	6-13-1 Nakano
	Otsuma Nakano J.H.S & S.H.S	2-3-7 Kamitakada
Higashinakano Residents Activity Center 3364-6677 / 5-27-5 Higashinakano	Meiji Univ. Nakano J.H.S & S.H.S	3-3-4 Higashinakano
	Otsuma Nakano J.H.S & S.H.S	2-3-7 Kamitakada
Kamitakada Residents Activity Center 3389-1311 / 2-11-1 Kamitakada	Otsuma Nakano J.H.S & S.H.S	2-3-7 Kamitakada
	Dai-go J.H.S	4-28-1 Kamitakada
	Dai-nana J.H.S	5-35-3 Kamitakada
Arai Residents Activity Center 3389-1411 / 3-11-4 Arai	Nakano J.H.S.	4-12-3 Nakano
	Dai-nana J.H.S	5-35-3 Kamitakada
Egota Residents Activity Center 3954-6811 / 2-3-15 Eharacho	Dai-nana J.H.S	5-35-3 Kamitakada
	Ehara E.S.	1-39-1 Eharacho
	Egota E.S.	2-13-28 Egota
Numabukuro Residents Activity Center 3389-4571 / 2-40-18 Numabukuro	Midorino J.H.S.	1-1-19 Maruyama
Nogata Residents Activity Center 3330-4121 / 5-3-1 Nogata	Nakano J.H.S.	4-12-3 Nakano
	Midorino E.S.	1-17-1 Maruyama
	Kitahara E.S.	6-30-6 Nogata
	Keimei E.S.	1-18-1 Yamatocho
	Kenko Plaza Nogata	2-29-12 Nogata
Yamato Residents Activity Center 3339-6141 / 2-44-6 Yamatocho	Keimei E.S.	1-18-1 Yamatocho
Saginomiya Residents Activity Center 3330-4111 / 3-22-5 Saginomiya	Hosen Gakuen (Former Nishinakano E.S.)	3-9-2 Shirasagi
	Saginomiya Sports Community Plaza	3-1-13 Shirasagi
	Former Saginomiya E.S.	3-31-4 Saginomiya
	Kitanakano J.H.S.	5-7-1 Kamisaginomiya
	Saginomori E.S.	4-7-3 Saginomiya
	Meiwa J.H.S.	3-53-16 Wakamiya
Kamisaginomiya Residents Activity Center 3970-9131 / 3-7-6 Kamisaginomiya	Kamisaginomiya E.S.	1-24-36 Kamisaginomiya
	Musashidai E.S.	5-1-1 Kamisaginomiya

Legend
- Evacuation Site
- City Office / Residents Activity Center
- Sandbag Storage Area
- River
- District Boundary

Flood Disaster Hazard Map ①Minaminakano



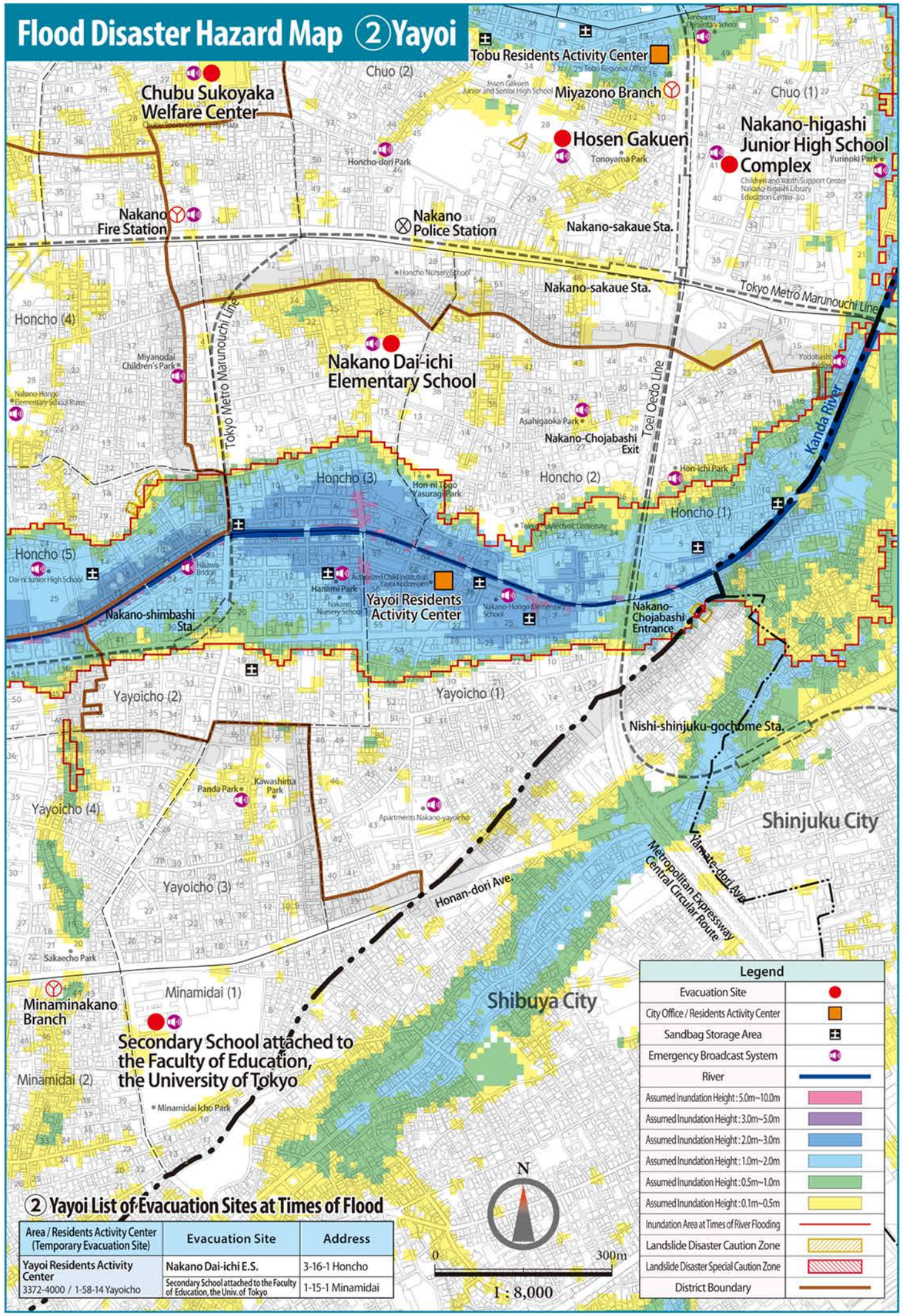
Nabeyoko Residents Activity Center
Nabeyoko Nursery School
Honcho (5)
Dai-ni Junior High School
Hon-go Fureai Park
Kanda River
Nakano-shimbashi Sta.
Honcho (3)
Hon-ni Togo Yasuragi Park
Honcho (2)
Hon-ichi Park
Honcho (1)
Toei Oedo Line
Hanami Park
Nakano Nursery School
Authorized Child Institution Tanya Kodomoen
Yayoi Residents Activity Center
Nakano-Honjo Elementary School
Nakano-Chojabashi Entrance
Nishi-shinjuku-gochome Sta.
Nakano-fujimicho Sta.
Kotobuki Bridge
Tokyo Metro Marunouchi Line
Fuji Junior and Senior High School
Yayoicho (2)
Yayoicho (1)
Yayoicho (5)
Yayoicho (4)
Yayoicho (3)
Renge Park
Panda Park
Kawashima Park
Apartments Nakano-yayoicho
Shinjuku City
Nanbu Sukoyaka Welfare Center and other Facilities
Minami-Nakano Regional Office
Nanbu Sports Community Plaza
Minamino Elementary School
Honan-dori Ave.
Metropolitan Expressway Central Circular Route
Yamate-dori Ave.
Zenpukuji River
Maruta Park
Minaminakano Residents Activity Center
Yayoi Nursery School
Yayoi Park
Sakaecho Park
Yayoicho (6)
Minaminakano Branch
Minamidai (1)
Secondary School attached to the Faculty of Education, the University of Tokyo
Hiromachi Mirai Park
Minamidai Library
Minamidai (2)
Minamidai Icho Park
Minamidai (3)
Minamidai Elementary School
Suginami City
Honancho Sta.
Nanbu Park
Kanda River
Minaminakano Junior High School
Minamidai 3-chome Park
Sasanoha Park
Re-life Minamidai
Former Minamidai Elementary School
Honan-dori Ave.
Minamidai Park
Minamidai (5)
Minami Park
Minami Children's Center
Minamidai (4)
Minamidai Sakura Park
Nakano-dori Ave.
Shibuya City
N
0
300m
1 : 8,000
Kannana-dori Ave.
Koshu-kaido Ave.
Hatagaya Sta.
Keio Line

① Minaminakano List of Evacuation Sites at Times of Flood

Area / Residents Activity Center (Temporary Evacuation Site)	Evacuation Site	Address
Minaminakano Residents Activity Center 3382-1456 / 5-5-2 Yayoicho	Secondary School attached to the Faculty of Education, the Univ. of Tokyo	1-15-1 Minamidai
	Minamino E.S.	4-27-11 Yayoicho
	Minamidai E.S.	3-44-9 Minamidai
	Former Minamidai E.S.	4-4-1 Minamidai
	Nanbu Sukoyaka Welfare Center and other Facilities	5-11-26 Yayoicho

Legend	
Evacuation Site	●
City Office / Residents Activity Center	■
Sandbag Storage Area	±
Emergency Broadcast System	📢
River	
Assumed Inundation Height : 5.0m~10.0m	
Assumed Inundation Height : 3.0m~5.0m	
Assumed Inundation Height : 2.0m~3.0m	
Assumed Inundation Height : 1.0m~2.0m	
Assumed Inundation Height : 0.5m~1.0m	
Assumed Inundation Height : 0.1m~0.5m	
Inundation Area at Times of River Flooding	
Landslide Disaster Caution Zone	
Landslide Disaster Special Caution Zone	
District Boundary	

Flood Disaster Hazard Map ② Yayoi



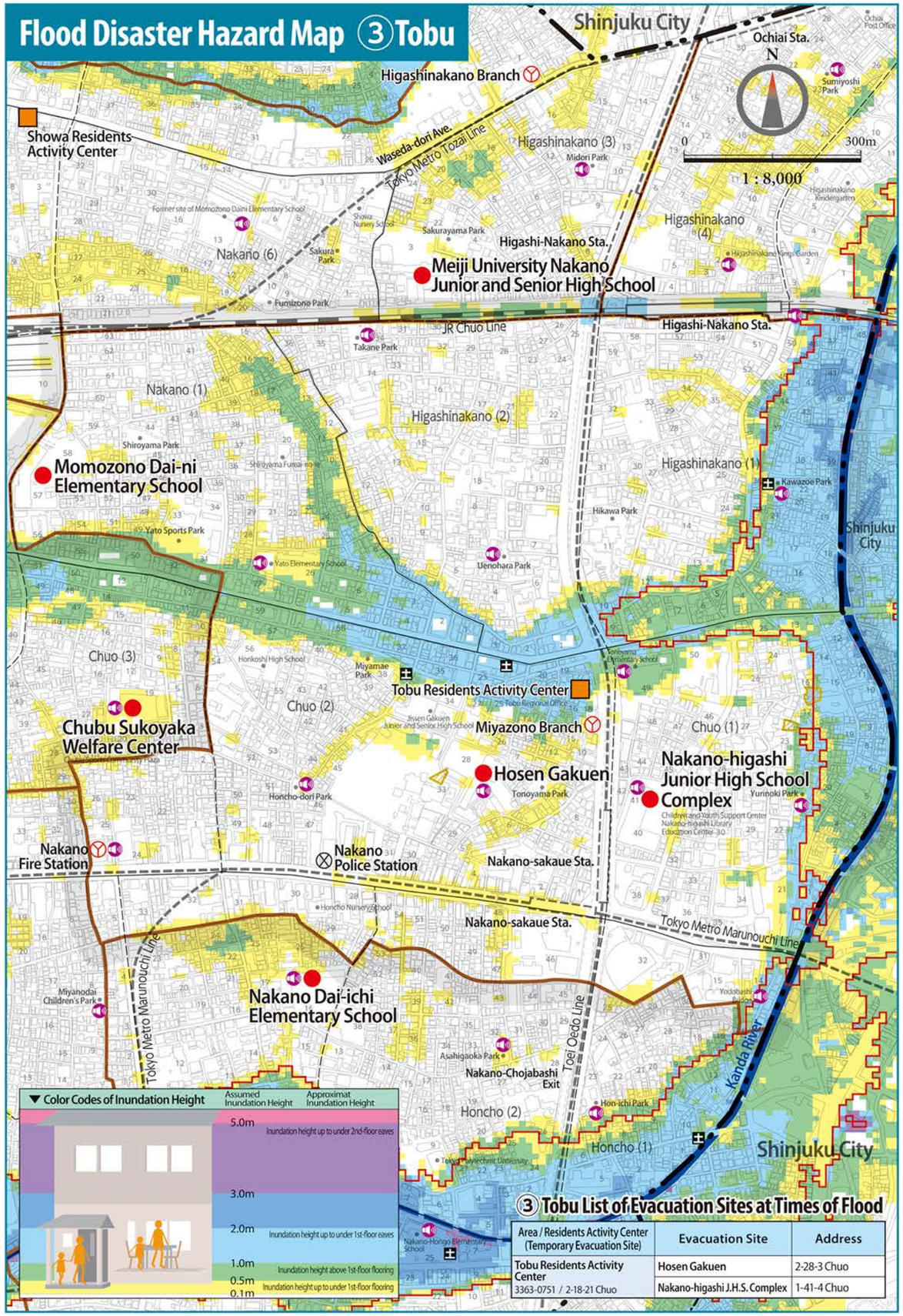
② Yayoi List of Evacuation Sites at Times of Flood

Area / Residents Activity Center (Temporary Evacuation Site)	Evacuation Site	Address
Yayoi Residents Activity Center 3372-4000 / 1-58-14 Yayoicho	Nakano Dai-ichi E.S.	3-16-1 Honcho
	Secondary School attached to the Faculty of Education, the Univ. of Tokyo	1-15-1 Minamidai

Legend

- Evacuation Site
- City Office / Residents Activity Center
- Sandbag Storage Area
- Emergency Broadcast System
- River
- Assumed Inundation Height : 5.0m~10.0m
- Assumed Inundation Height : 3.0m~5.0m
- Assumed Inundation Height : 2.0m~3.0m
- Assumed Inundation Height : 1.0m~2.0m
- Assumed Inundation Height : 0.5m~1.0m
- Assumed Inundation Height : 0.1m~0.5m
- Inundation Area at Times of River Flooding
- Landslide Disaster Caution Zone
- Landslide Disaster Special Caution Zone
- District Boundary

Flood Disaster Hazard Map ③ Tobu



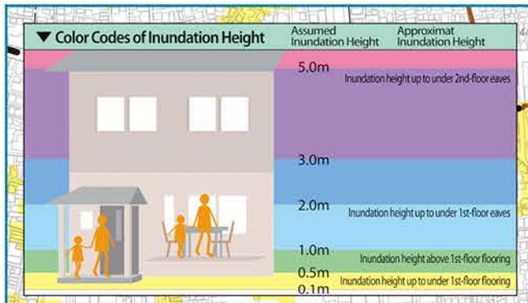
▼ Color Codes of Inundation Height

Assumed Inundation Height	Approximat Inundation Height
5.0m	Inundation height up to under 2nd-floor eaves
3.0m	
2.0m	Inundation height up to under 1st-floor eaves
1.0m	Inundation height above 1st-floor flooring
0.5m	Inundation height up to under 1st-floor flooring
0.1m	

③ Tobu List of Evacuation Sites at Times of Flood

Area / Residents Activity Center (Temporary Evacuation Site)	Evacuation Site	Address
Tobu Residents Activity Center 3363-0751 / 2-18-21 Chuo	Hosen Gakuen	2-28-3 Chuo
	Nakano-higashi J.H.S. Complex	1-41-4 Chuo

Flood Disaster Hazard Map ④Nabeyoko / ⑤Momozono



⑤ Momozono List of Evacuation Sites at Times of Flood

Area / Residents Activity Center (Temporary Evacuation Site)	Evacuation Site	Address
Momozono Residents Activity Center 3382-5151 / 4-57-1 Chuo	Chubu Sukoyaka Welfare Center	3-19-1 Chuo
	Toka E. S.	5-43-1Chuo
	Momozono Dai-ni E. S.	1-57-12 Nakano
	Nakano J.H.S.	4-12-3 Nakano

④ Nabeyoko List of Evacuation Sites at Times of Flood

Area / Residents Activity Center (Temporary Evacuation Site)	Evacuation Site	Address
Nabeyoko Residents Activity Center 3383-2731 / 5-47-13 Honcho	Nitobe Bunka Gakuen	6-38-1 Honcho

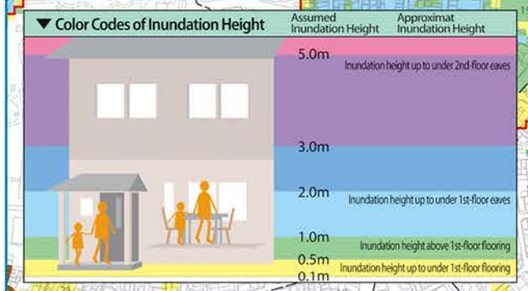
Legend	
Evacuation Site	
City Office / Residents Activity Center	
Sandbag Storage Area	
Emergency Broadcast System	
River	
Assumed Inundation Height : 5.0m~10.0m	
Assumed Inundation Height : 3.0m~5.0m	
Assumed Inundation Height : 2.0m~3.0m	
Assumed Inundation Height : 1.0m~2.0m	
Assumed Inundation Height : 0.5m~1.0m	
Assumed Inundation Height : 0.1m~0.5m	
Inundation Area at Times of River Flooding	
Landslide Disaster Caution Zone	
Landslide Disaster Special Caution Zone	
District Boundary	

N

0 300m

1 : 8,000

Flood Disaster Hazard Map ⑥Showa / ⑦Higashinakano



⑥ Showa List of Evacuation Sites at Times of Flood

Area / Residents Activity Center (Temporary Evacuation Site)	Evacuation Site	Address
Showa Residents Activity Center 3368-8181 / 5-4-7 Nakano	Meiji Univ. Nakano J.H.S & S.H.S	3-3-4 Higashinakano
	Momozono Dai-ni E. S.	1-57-12 Nakano
	Otsuma Nakano J.H.S & S.H.S	2-3-7 Kamitakada

⑦ Higashinakano List of Evacuation Sites at Times of Flood

Area / Residents Activity Center (Temporary Evacuation Site)	Evacuation Site	Address
Higashinakano Residents Activity Center 3364-6677 / 5-27-5 Higashinakano	Meiji Univ. Nakano J.H.S & S.H.S	3-3-4 Higashinakano
	Otsuma Nakano J.H.S & S.H.S	2-3-7 Kamitakada

Dai-nana Junior High School
Kamitakada (5)
Araiyakushi-mae Sta.
Dai-go Junior High School
Arai (5)
Shinjuku City
Seibu Shinjuku Line
Nakai Sta.
Shimo-ochiai Sta.
Myoshoji River
Kamitakada (3)
Kamitakada (2)
Kamitakada (4)
Yamate-dori Ave.
Toei Oedo Line
Kamitakada Residents Activity Center
Arai (2)
Arai (1)
Nakano-dori Ave.
Kamitakada (1)
Ochiai Sta.
Higashinakano Residents Activity Center
Nakano Junior High School
Nakano City Office
Otsuma Nakano Junior and Senior High School
Higashinakano Branch
Showa Residents Activity Center
Waseda-dori Ave.
Tokyo Metro Tozai Line
Higashinakano (3)
Higashinakano (5)
Nakano (4)
Kanda River
Nakano (6)
Meiji University Nakano Junior and Senior High School
Higashinakano (4)
Higashi-Nakano Sta.
Nakano Sta.
JR Chuo Line
Shinjuku City
Nakano (5)
Nakano (1)
Higashinakano (2)
Momozono Dai-ni Elementary School
Nakano (2)
Higashinakano (1)
Momozono Residents Activity Center
Tobu Residents Activity Center
Chuo (3)
Chuo (4)
Chuo (2)
Chuo (1)
Miyazono Branch
Chubu Sukoyaka Welfare Center
Hosen Gakuen
Nakano-higashi Junior High School Complex

Legend
Evacuation Site
City Office / Residents Activity Center
Sandbag Storage Area
Emergency Broadcast System
River
Assumed Inundation Height : 5.0m~10.0m
Assumed Inundation Height : 3.0m~5.0m
Assumed Inundation Height : 2.0m~3.0m
Assumed Inundation Height : 1.0m~2.0m
Assumed Inundation Height : 0.5m~1.0m
Assumed Inundation Height : 0.1m~0.5m
Inundation Area at Times of River Flooding
Landslide Disaster Caution Zone
Landslide Disaster Special Caution Zone
District Boundary

N

0 300m

1 : 8,000

Flood Disaster Hazard Map ⑧Kamitakada / ⑨Arai

N

0 300m

1 : 8,000

▼ Color Codes of Inundation Height

Assumed Inundation Height	Approximat Inundation Height
5.0m	Inundation height up to under 2nd-floor eaves
3.0m	
2.0m	Inundation height up to under 1st-floor eaves
1.0m	Inundation height above 1st-floor flooring
0.5m	Inundation height up to under 1st-floor flooring
0.1m	

⑧ Kamitakada List of Evacuation Sites at Times of Flood

Area / Residents Activity Center (Temporary Evacuation Site)	Evacuation Site	Address
Kamitakada Residents Activity Center 3389-1311 / 2-11-1 Kamitakada	Otsuma Nakano J.H.S & S.H.S	2-3-7 Kamitakada
	Dai-go J.H.S	4-28-1 Kamitakada
	Dai-nana J.H.S	5-35-3 Kamitakada

⑨ Arai List of Evacuation Sites at Times of Flood

Area / Residents Activity Center (Temporary Evacuation Site)	Evacuation Site	Address
Arai Residents Activity Center 3389-1411 / 3-11-4 Arai	Nakano J.H.S.	4-12-3 Nakano
	Dai-nana J.H.S	5-35-3 Kamitakada

Legend	
Evacuation Site	
City Office / Residents Activity Center	
Sandbag Storage Area	
Emergency Broadcast System	
River	
Assumed Inundation Height : 5.0m~10.0m	
Assumed Inundation Height : 3.0m~5.0m	
Assumed Inundation Height : 2.0m~3.0m	
Assumed Inundation Height : 1.0m~2.0m	
Assumed Inundation Height : 0.5m~1.0m	
Assumed Inundation Height : 0.1m~0.5m	
Inundation Area at Times of River Flooding	
Landslide Disaster Caution Zone	
Landslide Disaster Special Caution Zone	
District Boundary	

Shinjuku City

Nogata Residents Activity Center

Kenko Plaza Nogata

Arai Residents Activity Center

Kamitakada Residents Activity Center

Showa Residents Activity Center

Nogata Police Station

Nakano City Office

Dai-nana Junior High School

Dai-go Junior High School

Otsuma Nakano Junior and Senior High School

Nakano Junior High School

Meiji University Nakano Junior and Senior High School

Higashinakano Branch

Yamato Branch

Nogata Sta.

Numabukuro Sta.

Araiyakushi-mae Sta.

Nakano Sta.

Nakai Sta.

Higashi-Nakano Sta.

Ochiai Sta.

Seibu Shinjuku Line

Myoshoji River

Shin-Ome-kaido Ave.

Nakano-dori Ave.

Yamate-dori Ave.

Waseda-dori Ave.

Tokyo Metro Tozai Line

Toei Oedo Line

JR Chuo Line

Numabukuro (1)

Numabukuro (2)

Numabukuro (3)

Numabukuro (4)

Nogata (1)

Nogata (2)

Nogata (3)

Nogata (4)

Arai (1)

Arai (2)

Arai (3)

Arai (4)

Arai (5)

Matsugaoka (1)

Matsugaoka (2)

Kamitakada (1)

Kamitakada (2)

Kamitakada (3)

Kamitakada (4)

Kamitakada (5)

Nakano (1)

Nakano (4)

Nakano (5)

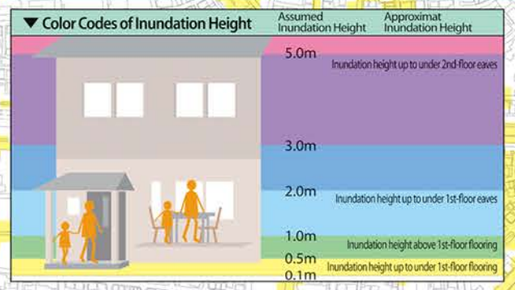
Nakano (6)

Higashinakano (2)

Higashinakano (3)

Higashinakano (4)

Flood Disaster Hazard Map ⑩Egota / ⑪Numabukuro



⑪ Numabukuro List of Evacuation Sites at Times of Flood

Area / Residents Activity Center (Temporary Evacuation Site)	Evacuation Site	Address
Numabukuro Residents Activity Center 3389-4571 / 2-40-18 Numabukuro	Midorino J.H.S.	1-1-19 Maruyama

⑩ Egota List of Evacuation Sites at Times of Flood

Area / Residents Activity Center (Temporary Evacuation Site)	Evacuation Site	Address
Egota Residents Activity Center 3954-6811 / 2-3-15 Eharacho	Dai-nana J.H.S.	5-35-3 Kamitakada
	Ehara E.S.	1-39-1 Eharacho
	Egota E.S.	2-13-28 Egota

Legend	
Evacuation Site	●
City Office / Residents Activity Center	■
Sandbag Storage Area	±
Emergency Broadcast System	🔊
River	
Assumed Inundation Height : 5.0m~10.0m	
Assumed Inundation Height : 3.0m~5.0m	
Assumed Inundation Height : 2.0m~3.0m	
Assumed Inundation Height : 1.0m~2.0m	
Assumed Inundation Height : 0.5m~1.0m	
Assumed Inundation Height : 0.1m~0.5m	
Inundation Area at Times of River Flooding	
Landslide Disaster Caution Zone	
Landslide Disaster Special Caution Zone	
District Boundary	

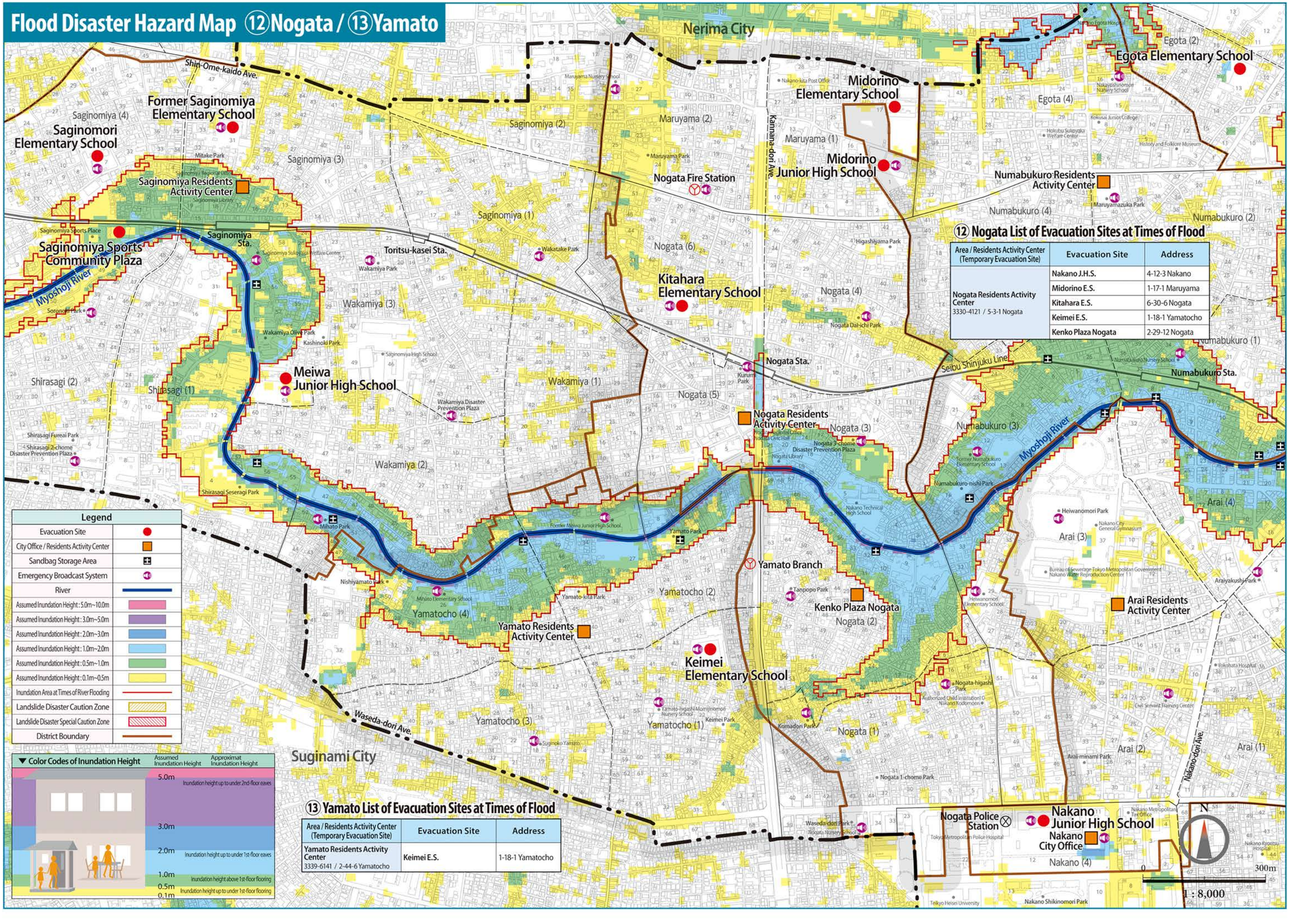
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Nerima City
Toshima City
Shinjuku City
Egota River
Myoshoji River
Senkawa-dori Ave.
Seibu Ikebukuro Line
Toei Oedo Line
Nakano-dori Ave.
Meiro-dori Ave.
Kannana-dori Ave.
Seibu Shinjuku Line
Shin-Ome-kaido Ave.
Shin-egota Sta.
Higashi-nagasaki Sta.
Numabukuro Sta.
Araiyakushi-mae Sta.
Ochiai-minami-nagasaki Sta.
Nogata Sta.
Egota Residents Activity Center
Egota Elementary School
Ehara Elementary School
Midorino Elementary School
Midorino Junior High School
Kitahara Elementary School
Numabukuro Residents Activity Center
Nogata Residents Activity Center
Egota Branch
Yamato Branch
Dai-nana Junior High School
Dai-go Junior High School
Nogata Fire Station
Egotanomori Park
Koguma Park
Ehara Park
Ehara Yashikimori Green Park
Maruyamazuka Park
Higashiyama Park
Hyakukannon Park
Nogata Dai-ichi Park
Numabukuro Park
Myoshojigawa Park
Tetsugakudo Park
Mizunoto Park
Kamitakada-kita Park
Nakano Kamitakada Park
Yamato Park
Heiwanomori Park
Araiyakushi Park
Numabukuro-nishi Park
Maruyama Park
Nogata (1)
Nogata (2)
Nogata (3)
Nogata (4)
Nogata (5)
Nogata (6)
Maruyama (1)
Maruyama (2)
Egota (1)
Egota (2)
Egota (3)
Egota (4)
Eharacho (1)
Eharacho (2)
Eharacho (3)
Numabukuro (1)
Numabukuro (2)
Numabukuro (3)
Numabukuro (4)
Matsugaoka (1)
Matsugaoka (2)
Kamitakada (5)
Arai (3)
Arai (4)
Arai (5)
General Tokyo Hospital
Nakano Egota Hospital
Nakano Technical High School
Kokusai Junior College
Hokubu Sukoyaka Welfare Center
History and Folklore Museum
Egota Library
Former site of Dai-nana Junior High School
Authorized Child Institution Yahata Mizunoto
Ehara Nursery School
Former Care Station Egota
Nakayoshinomori Nursery School
Numabukuro Nursery School
Former Numabukuro Elementary School
Reiwa Elementary School
Nakano Cleaning Office
Toa Gakuen High School
Kamitakada Library
Nogata Library
Nogata 3-chome Disaster Prevention Plaza
Nakano Ward Office
Nakano Civic Hall
Nakano-kita Post Office
Nakano City General Gymnasium
Bureau of Sewerage Tokyo Metropolitan Government Nakano Water Reproduction Center
Matsugaoka Park
Kuruma Park
Nakayoshinomori Nursery School

Flood Disaster Hazard Map ⑫Nogata / ⑬Yamato



⑫ Nogata List of Evacuation Sites at Times of Flood

Area / Residents Activity Center (Temporary Evacuation Site)	Evacuation Site	Address
Nogata Residents Activity Center 3330-4121 / 5-3-1 Nogata	Nakano J.H.S.	4-12-3 Nakano
	Midorino E.S.	1-17-1 Maruyama
	Kitahara E.S.	6-30-6 Nogata
	Keimei E.S.	1-18-1 Yamatocho
	Kenko Plaza Nogata	2-29-12 Nogata

⑬ Yamato List of Evacuation Sites at Times of Flood

Area / Residents Activity Center (Temporary Evacuation Site)	Evacuation Site	Address
Yamato Residents Activity Center 3339-6141 / 2-44-6 Yamatocho	Keimei E.S.	1-18-1 Yamatocho

Legend

- Evacuation Site
- City Office / Residents Activity Center
- Sandbag Storage Area
- Emergency Broadcast System
- River
- Assumed Inundation Height : 5.0m~10.0m
- Assumed Inundation Height : 3.0m~5.0m
- Assumed Inundation Height : 2.0m~3.0m
- Assumed Inundation Height : 1.0m~2.0m
- Assumed Inundation Height : 0.5m~1.0m
- Assumed Inundation Height : 0.1m~0.5m
- Inundation Area at Times of River Flooding
- Landslide Disaster Caution Zone
- Landslide Disaster Special Caution Zone
- District Boundary

Flood Disaster Hazard Map ⑭Saginomiya

⑭ Saginomiya List of Evacuation Sites at Times of Flood

Area / Residents Activity Center (Temporary Evacuation Site)	Evacuation Site	Address
Saginomiya Residents Activity Center 3330-4111 / 3-22-5 Saginomiya	Hosen Gakuen (Former Nishinakano E.S.)	3-9-2 Shirasagi
	Saginomiya Sports Community Plaza	3-1-13 Shirasagi
	Former Saginomiya E.S.	3-31-4 Saginomiya
	Kitanakano J.H.S.	5-7-1 Kamisaginomiya
	Saginomori E.S.	4-7-3 Saginomiya
	Meiwa J.H.S.	3-53-16 Wakamiya

Kamisaginomiya (5)
Kamisaginomiya (1)
Kamisaginomiya (2)
Kamisagi-higashi Park
Musashigaoka High School
Kitanakano Park
Minorigaoka High School
Kitanakano Junior High School
Musashidai Elementary School
Saginomiya Branch
Warabe Nishi Saginomiya Nursery School
Saginomiya (5)
Sagiroku Park
Saginomiya (6)
Wakaba Park
Shin-Ome-kaido Ave.
Nerima City
Saginomiya (4)
Former Saginomiya Elementary School
Saginomori Elementary School
Mitake Park
Saginomiya (3)
Saginomiya (2)
Maruyama Nursery School
Nakano-kita Post Office
Midorino Elementary School
Maruyama (2)
Maruyama (1)
Kannana-dori Ave.
Midorino Junior High School
Maruyama Park
Nogata Fire Station
Shimo-igusa Sta.
Seibu Shinjuku Line
Saginomiya Residents Activity Center
Saginomiya Library
Saginomiya (1)
Saginomiya Sports Place
Saginomiya Sports Community Plaza
Saginomiya Sta.
Saginomiya Sukoyaka Welfare Center
Toritsu-kasei Sta.
Wakatake Park
Nogata (6)
Higashiyama Park
Nishinakano Children's Park
Shirasagi (3)
Hosen Gakuen (Former Nishinakano Elementary School)
Myoshoji River
Shirasagi Nursery School
Soronoki Park
Wakamiya Park
Wakamiya (3)
Wakamiya Olive Park
Kashinoki Park
Kitahara Elementary School
Nogata (4)
Nogata Dai-ichi Park
Saginomiya High School
Meiwa Junior High School
Shirasagi (2)
Shirasagi (1)
Wakamiya (1)
Nogata Sta.
Kurumi Park
Nogata (5)
Wakamiya Disaster Prevention Plaza
Nogata Residents Activity Center
Nogata Municipal Office
Nogata Civic Hall
Nogata (3)
Nogata 3-chome Disaster Prevention Plaza
Nogata Library
Shirasagi Fureai Park
Shirasagi 2-chome Disaster Prevention Plaza
Suginami City
Wakamiya (2)
Shirasagi Seseragi Park
Mihato Park
Former Meiwa Junior High School
Nakano Technical High School
Yamato Park
Yamato Branch
Nishiyamato Park
Mihato Elementary School
Yamato-kita Park
Yamatocho (2)
Tanpopo Park
Kenko Plaza Nogata
Nogata (2)
Yamatocho (4)
Yamato Residents Activity Center
Keimei Elementary School
Yamato-higashi Momijinomori Nursery School
Keimei Park
Komadori Park
Yamatocho (3)
Yamatocho (1)
Nogata (1)
Waseda-dori Ave.
Suginoko Yamato

Legend

Evacuation Site	●
City Office / Residents Activity Center	■
Sandbag Storage Area	±
Emergency Broadcast System	🔊
River	―
Assumed Inundation Height : 5.0m~10.0m	
Assumed Inundation Height : 3.0m~5.0m	
Assumed Inundation Height : 2.0m~3.0m	
Assumed Inundation Height : 1.0m~2.0m	
Assumed Inundation Height : 0.5m~1.0m	
Assumed Inundation Height : 0.1m~0.5m	
Inundation Area at Times of River Flooding	
Landslide Disaster Caution Zone	
Landslide Disaster Special Caution Zone	
District Boundary	

▼ Color Codes of Inundation Height

Assumed Inundation Height	Approximat Inundation Height
5.0m	Inundation height up to under 2nd-floor eaves
3.0m	
2.0m	Inundation height up to under 1st-floor eaves
1.0m	Inundation height above 1st-floor flooring
0.5m	Inundation height up to under 1st-floor flooring
0.1m	

N

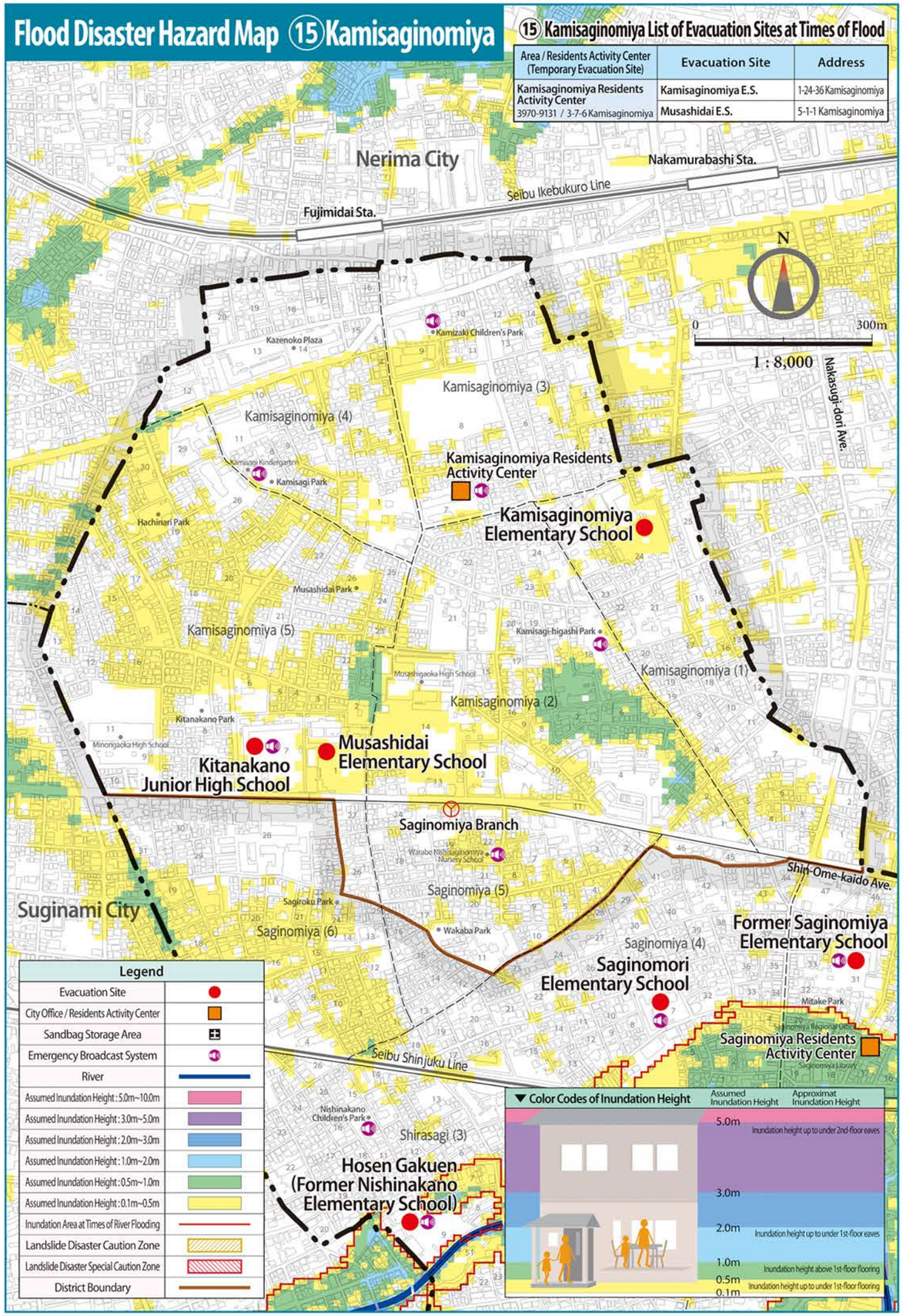
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Flood Disaster Hazard Map ⑮ Kamisaginomiya

⑮ Kamisaginomiya List of Evacuation Sites at Times of Flood

Area / Residents Activity Center (Temporary Evacuation Site)	Evacuation Site	Address
Kamisaginomiya Residents Activity Center 3970-9131 / 3-7-6 Kamisaginomiya	Kamisaginomiya E.S.	1-24-36 Kamisaginomiya
	Musashidai E.S.	5-1-1 Kamisaginomiya



Flood Disaster

Be Aware

For People in Need of Special Consideration

Caring and Helping Each Other

Some people need the support of those around them to protect themselves from a disaster or to evacuate. Please work together to support such people. If you need assistance, please register in advance with the List of People Who Need Assistance with Evacuation (see below).

For the Elderly, Pregnant Women, Infants, the Handicapped, and Non-Japanese Speakers

One should help the elderly, pregnant women, and infants by holding hands or carrying them on their backs during evacuation. Have more than one person to help. If you need to evacuate in an emergency, use a strap to carry them on your back and evacuate to a safe place. If you cannot communicate with foreigners, call out using hand gestures to guide them to safety.



For the Hearing-impaired

When speaking to those with hearing disabilities, stand close, look straight at their face, and move your mouth wide and clear. If you can't understand the person verbally, use a pen to write on a piece of paper or in the palm of the other person's hand.

For the Visually-impaired

First, approach them verbally by saying something like, "Would you like me to help you?". Speak clearly, slowly and loudly. When guiding the person, stand in front of the blind person, ask the blind person to lightly grab the top of his or her elbow, and slowly walk about half a step in front of them.

For Those Who Use Wheelchairs

Have three people work together when going up or downstairs. The person in the wheelchair should be faced forward on the way up and backward on the way down, so as not to cause fear.

To Receive Support

Individual Evacuation Plan in the Event of a Disaster

In preparing for a disaster or a threat of a disaster, we recommend that you create a plan for those who have difficulty evacuating on their own and especially for those who require special assistance (People Who Need Assistance). Write down your plan by noting down the items you will need during the evacuation, your situation, and the details of the people (supporters) who will assist you in the evacuation.

Contact
Community Activities Division, Community Support Promotion Department
TEL: 03-3228-5582 FAX: 03-3228-5620

Who is Eligible

1. Individuals who have been certified as requiring care or support
2. Individuals who have been issued a Certificate of the Physically Disabled, Mentally Disabled, or Intellectually Disabled
3. Those who are certified for Disability Support Category 1 to 6 under the Comprehensive Support of Persons with Disabilities Act.
4. Single individuals aged 70 or older
5. Members of households consisting solely of seniors aged 75 or older
6. In addition, individuals who fall under categories 1 through 5 above, and any other individual whom the city mayor determines requires special consideration in undertaking evacuation.

Help Mark and Help Card

Help Mark

This tag was created to make it easier for people needing special assistance, who appearance-wise may not easily be recognized as so, to get help.



Help Card

It is a card the size of a business card with emergency contact details and a description of the person's needs for consideration and support.



The Help Mark and Help Card are designed to help people recognize those who need assistance and communicate the kind of help they need. If you see a person with one, please provide appropriate support and assistance.

Where To Obtain
The Disability Welfare Consultation Desk at the City Office, Sukoyaka Welfare Centers, Regional Offices, and Residents Activity Centers (Help Mark only, except for Residents Activity Centers adjoining Regional Offices)

Inundation Duration Simulation Area Map

The Inundation Duration Simulation Area Map shows the inundation duration in the event of maximum possible rainfall.

The inundation duration is based on simulations of inundation in the river basins of the Kanda River, Zempukuji River, and Myoshoji River due to flooding caused by maximum possible rainfall, and indicates the amount of time that inundation height of 50 cm or more persists. It takes into account the maintenance situation of river channels and flood control facilities of the Kanda River, Zempukuji River, and Myoshoji River at the time of the map's publication.

(Prepared by the Tokyo Metropolitan Government on March 30, 2018)

The simulation does not take into account the inundation of tributary rivers, inundation caused by rainfall exceeding the preset rainfall assumptions of the simulation, and inundation caused by storm surges and inland waters. The assumed inundation duration may therefore differ from the actual inundation duration, and inundation may occur even in areas where the inundation duration is not specified.

*Rainfall assumptions for the calculation: Maximum hourly rainfall of 153 mm, Total rainfall over 24 hours of 690 mm

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Itabashi City

Nerima City

Nerima City Office

Toshima City

Nakano City

Suginami City

Shinjuku City

Setagaya City

Shibuya City

Shakujii River

Kanda River

Myoshoji River

Zenpukuji River

Kamisaginomiya Elementary School

Kamisaginomiya Residents Activity Center

Kitanakano Junior High School

Musashidai Elementary School

Saginomiya Branch

Former Saginomiya Elementary School

Saginomori Elementary School

Saginomiya Residents Activity Center

Saginomiya Sports Community Plaza

Hosen Gakuen (Former Nishinakano Elementary School)

Meiwa Junior High School

Toshimaen Sta.

Fujimidai Sta.

Nakamurabashi Sta.

Senkawa-dori Ave.

Mejiro-dori Ave.

Nakasugi-dori Ave.

Shin-Ome-kaido Ave.

Waseda-dori Ave.

Kannana-dori Ave.

Nogata Fire Station

Midorino Elementary School

Midorino Junior High School

Kitahara Elementary School

Nogata Residents Activity Center

Nogata Police Station

Nakano Junior High School

Nakano City Office

Yamato Branch

Yamato Residents Activity Center

Keimei Elementary School

Kenko Plaza Nogata

Arai Residents Activity Center

Numabukuro Residents Activity Center

Numabukuro Sta.

Seibu Shinjuku Line

Seibu Ikebukuro Line

Toei Oedo Line

Shin-egota Sta.

Ehara Elementary School

Egota Residents Activity Center

Egota Elementary School

Egota Branch

Egota River

Nakano-dori Ave.

Higashi-nagasaki Sta.

Ochiai-minami-nagasaki Sta.

Matsugaoka (2)

Kamitakada (5)

Dai-nana Junior High School

Araiyakushi-mae Sta.

Dai-go Junior High School

Nakai Sta.

Shimo-ochiai Sta.

Kamitakada Residents Activity Center

Higashinakano Branch

Otsuma Nakano Junior and Senior High School

Showa Residents Activity Center

Ochiai Sta.

Higashinakano Residents Activity Center

Tokyo Metro Tozai Line

Meiji University Nakano Junior and Senior High School

Higashi-Nakano Sta.

JR Chuo Line

Asagaya Sta.

Koenji Sta.

Momozono Dai-ni Elementary School

Momozono Residents Activity Center

Toka Elementary School

Tobu Residents Activity Center

Miyazono Branch

Chubu Sukoyaka Welfare Center

Hosen Gakuen

Nakano-higashi Junior High School Complex

Nakano-sakaue Sta.

Nakano Police Station

Nakano Fire Station

Nitobe Bunka Gakuen

Nakano Dai-ichi Elementary School

Nishi-shinjuku Sta.

Nabeyoko Residents Activity Center

Yayoi Residents Activity Center

Nakano-Chojabashi Entrance

Nakano-shimbashi Sta.

Nakano-fujimicho Sta.

Tochomae Sta.

Nishi-shinjuku-gochome Sta.

Tokyo Metropolitan Government

Nanbu Sukoyaka Welfare Center and other Facilities

Minaminakano Residents Activity Center

Minamino Elementary School

Minaminakano Branch

Secondary School attached to the Faculty of Education, the University of Tokyo

Minamidai Elementary School

Former Minamidai Elementary School

Honancho Sta.

Honan-dori Ave.

Metropolitan Expressway Central Circular Route

Nishi-Shinjuku JCT

Hatsudai Sta.

Sangubashi Sta.

Odakyu Odawara Line

Hamadayama Sta.

Nishi-eifuku Sta.

Eifukucho Sta.

Keio Inokashira Line

Inokashira-dori Ave.

Koshu-kaido Ave.

Hatagaya Sta.

Sasazuka Sta.

Keio Line

Daitabashi Sta.

Kami-kitazawa Sta.

Sakurajosui Sta.

Meidaimae Sta.

Shimo-takaido Sta.

Yoyogi-Uehara Sta.

Higashi-Kitazawa Sta.

Minami-asagaya Sta.

Shin-koenji Sta.

Higashi-koenji Sta.

Tokyo Metro Marunouchi Line

Itsukaichi-kaido Ave.

Shimo-igusa Sta.

Toritsu-kasei Sta.

Saginomiya Sta.

Shin-nakano Sta.

Honcho (4)

Honcho (6)

Honcho (5)

Honcho (3)

Honcho (2)

Honcho (1)

Nakano-Chojabashi Exit

Yayoicho (1)

Yayoicho (2)

Yayoicho (3)

Yayoicho (4)

Yayoicho (5)

Yayoicho (6)

Minamidai (1)

Minamidai (2)

Minamidai (3)

Minamidai (4)

Minamidai (5)

Nakano (1)

Nakano (2)

Nakano (3)

Nakano (4)

Nakano (5)

Nakano (6)

Higashinakano (1)

Higashinakano (2)

Higashinakano (3)

Higashinakano (4)

Higashinakano (5)

Kamitakada (1)

Kamitakada (2)

Kamitakada (3)

Kamitakada (4)

Arai (1)

Arai (2)

Arai (3)

Arai (4)

Arai (5)

Numabukuro (1)

Numabukuro (2)

Numabukuro (3)

Numabukuro (4)

Matsugaoka (1)

Egota (1)

Egota (2)

Egota (3)

Egota (4)

Eharacho (1)

Eharacho (2)

Eharacho (3)

Nogata (1)

Nogata (2)

Nogata (3)

Nogata (4)

Nogata (5)

Nogata (6)

Saginomiya (1)

Saginomiya (2)

Saginomiya (3)

Saginomiya (4)

Saginomiya (5)

Saginomiya (6)

Wakamiya (1)

Wakamiya (2)

Wakamiya (3)

Shirasagi (1)

Shirasagi (2)

Shirasagi (3)

Yamatocho (1)

Yamatocho (2)

Yamatocho (3)

Yamatocho (4)

Kamisaginomiya (1)

Kamisaginomiya (2)

Kamisaginomiya (3)

Kamisaginomiya (4)

Kamisaginomiya (5)

Maruyama (1)

Maruyama (2)

Legend

Evacuation Site	●
City Office / Residents Activity Center	■
River	—
Less than 12 hours	
12 hours ~ Less than 24 hours	

Potential Flooding Areas at Risk of Building Collapse (Flood Flow/Riverbank Erosion)

The map of Potential Flooding Areas at Risk of Building Collapse shows the areas prone to flooding that have the potential for buildings to collapse, caused either by flood flow or riverbank erosion.

This map of Potential Flooding Areas at Risk of Building Collapse (Flood Flow/Riverbank Erosion) is based on simulations predicting flood conditions in the event of flooding of the Kanda, Zenpukuji, and Myoshoji Rivers as of the date of publication. (Prepared by the Tokyo Metropolitan Government on February 15, 2024)

Please note that this simulation does not take into account flooding from tributaries or flooding caused by rainfall exceeding the levels assumed in the simulation. Therefore, buildings may still collapse or be swept away in areas not designated as "Potential Flooding Areas at Risk of Building Collapse".

*Rainfall assumptions used in the calculation: Maximum hourly rainfall of 153 mm; total rainfall over 24 hours of 690 mm

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Itabashi City

Nerima City

Toshima City

Nakano City

Suginami City

Shinjuku City

Setagaya City

Shibuya City

Shakujii River

Kanpachi-dori Ave.

Toshimaen Sta.

Seibu Toshima Line

Toei Oedo Line

Mejiro-dori Ave.

Nerima Sta.

Nakamurabashi Sta.

Fujimidai Sta.

Seibu Ikebukuro Line

Senkawa-dori Ave.

Nerima City Office

Nakasugi-dori Ave.

Kamisaginomiya (4)

Kamisaginomiya (3)

Kamisaginomiya Residents Activity Center

Kamisaginomiya Elementary School

Kamisaginomiya (5)

Kitanakano Junior High School

Kamisaginomiya (2)

Kamisaginomiya (1)

Musashidai Elementary School

Shin-Ome-kaido Ave.

Saginomiya Branch

Saginomiya (5)

Former Saginomiya Elementary School

Saginomiya (6)

Saginomiya (4)

Saginomori Elementary School

Saginomiya (3)

Saginomiya Residents Activity Center

Saginomiya (2)

Shimo-igusa Sta.

Saginomiya Sta.

Saginomiya (1)

Shirasagi (3)

Hosen Gakuen (Former Nishinakano Elementary School)

Saginomiya Sports Community Plaza

Toritsu-kasei Sta.

Wakamiya (3)

Meiwa Junior High School

Shirasagi (2)

Shirasagi (1)

Wakamiya (1)

Wakamiya (2)

Waseda-dori Ave.

Yamatocho (4)

Yamatocho (2)

Yamato Branch

Yamato Residents Activity Center

Kenko Plaza Nogata

Keimei Elementary School

Yamatocho (3)

Yamatocho (1)

Maruyama (2)

Maruyama (1)

Midorino Elementary School

Nogata Fire Station

Midorino Junior High School

Saginomiya (2)

Saginomiya (1)

Nogata (6)

Kitahara Elementary School

Kannana-dori Ave.

Nogata (4)

Nogata Sta.

Nogata (5)

Nogata Residents Activity Center

Nogata (3)

Myoshoji River

Nogata (2)

Nogata (1)

Nogata Police Station

Nakano Junior High School

Nakano City Office

Nakano (4)

Asagaya Sta.

JR Chuo Line

Koenji Sta.

Nakano Sta.

Nakano (3)

Momozono Residents Activity Center

Momozono Dai-ni Elementary School

Toka Elementary School

Chuo (4)

Suginami City Office

Minami-asagaya Sta.

Ome-kaido Ave.

Shin-koenji Sta.

Tokyo Metro Marunouchi Line

Higashi-koenji Sta.

Chuo (5)

Itsukaichi-kaido Ave.

Nitobe Bunka Gakuen

Honcho (6)

Nabeyoko Residents Activity Center

Honcho (5)

Nakano-fujimicho Sta.

Zenpukuji River

Honancho Sta.

Honan-dori Ave.

Minamidai (3)

Former Minamidai Elementary School

Minamidai (5)

Minamidai (4)

Kanda River

Nishi-eifuku Sta.

Inokashira-dori Ave.

Eifukucho Sta.

Keio Inokashira Line

Hamadayama Sta.

Kami-kitazawa Sta.

Keio Line

Sakurajosui Sta.

Shimo-takaido Sta.

Koshu-kaido Ave.

Meidaimae Sta.

Daitabashi Sta.

Keio Line

Sasazuka Sta.

Hatagaya Sta.

Yoyogi-Uehara Sta.

Inokashira-dori Ave.

Odakyu Odawara Line

Higashi-Kitazawa Sta.

Sangubashi Sta.

Shin-egota Sta.

Eharacho (3)

Eharacho (2)

Ehara Elementary School

Egota Residents Activity Center

Egota (3)

Egota River

Eharacho (1)

Egota (2)

Egota Elementary School

Egota Branch

Egota (4)

Egota (1)

Nakano-dori Ave.

Shin-Ome-kaido Ave.

Ochiai-minami-nagasaki Sta.

Shin-Mejiro-dori Ave.

Numabukuro Residents Activity Center

Numabukuro (4)

Numabukuro (2)

Numabukuro (1)

Numabukuro Sta.

Seibu Shinjuku Line

Numabukuro (3)

Matsugaoka (2)

Matsugaoka (1)

Kamitakada (5)

Dai-nana Junior High School

Arai (4)

Arai (3)

Araiyakushi-mae Sta.

Arai (5)

Dai-go Junior High School

Kamitakada (3)

Arai Residents Activity Center

Kamitakada (2)

Kamitakada (4)

Kamitakada Residents Activity Center

Arai (2)

Arai (1)

Kamitakada (1)

Higashinakano Branch

Otsuma Nakano Junior and Senior High School

Showa Residents Activity Center

Higashinakano (3)

Higashinakano (4)

Meiji University Nakano Junior and Senior High School

Higashi-Nakano Sta.

Nakano (5)

Nakano (6)

Nakano (2)

Nakano (1)

Higashinakano (2)

Higashinakano (1)

Kanda River

Chuo (3)

Chuo (2)

Tobu Residents Activity Center

Miyazono Branch

Chubu Sukoyaka Welfare Center

Hosen Gakuen

Nakano-higashi Junior High School Complex

Chuo (1)

Nakano-sakaue Sta.

Nakano Police Station

Nakano Fire Station

Shin-nakano Sta.

Tokyo Metro Marunouchi Line

Honcho (4)

Nakano Dai-ichi Elementary School

Honcho (3)

Honcho (2)

Nakano-Chojabashi Exit

Honcho (1)

Nishi-shinjuku Sta.

Ome-kaido Ave.

Yayoi Residents Activity Center

Nakano-Chojabashi Entrance

Yayoicho (2)

Nakano-shimbashi Sta.

Yayoicho (1)

Yayoicho (5)

Yayoicho (4)

Yayoicho (3)

Nanbu Sukoyaka Welfare Center and other Facilities

Minamino Elementary School

Minaminakano Branch

Minamidai (1)

Minaminakano Residents Activity Center

Secondary School attached to the Faculty of Education, the University of Tokyo

Yayoicho (6)

Minamidai (2)

Minamidai Elementary School

Metropolitan Expressway Central Circular Route

Honan-dori Ave.

Yamate-dori Ave.

Toei Oedo Line

Tochomae Sta.

Nishi-shinjuku-gochome Sta.

Tokyo Metropolitan Government

Nishi-Shinjuku JCT

Hatsudai Sta.

Odakyu Odawara Line

Shiinamachi Sta.

Higashi-nagasaki Sta.

Senkawa Sta.

Kanamecho-dori Ave.

Tokyo Metro Yurakucho Line

Tokyo Metro Tozai Line

Ochiai Sta.

Higashinakano (5)

Higashinakano Residents Activity Center

Nakai Sta.

Shimo-ochiai Sta.

Yamate-dori Ave.

Toei Oedo Line

Nakano-dori Ave.

Kannana-dori Ave.

Waseda-dori Ave.

Nakasugi-dori Ave.

Shin-egota Sta.

Seibu Ikebukuro Line

Nakano-dori Ave.

Kannana-dori Ave.

Myoshoji River

Zenpukuji River

Kanda River

Ome-kaido Ave.

Tokyo Metro Marunouchi Line

Itsukaichi-kaido Ave.

Koshu-kaido Ave.

Honan-dori Ave.

Inokashira-dori Ave.

Keio Inokashira Line

Keio Line

Odakyu Odawara Line

Metropolitan Expressway Central Circular Route

(Flood Flow) Areas where flooding is anticipated that could cause the collapse of average wooden houses if struck directly by floodwaters

(Riverbank Erosion) Areas where the riverbanks are being eroded by strong water flow, causing land to be washed away and posing a risk of buildings being swept away or collapsing

Legend

Evacuation Site	●
City Office / Residents Activity Center	■
River	▬
Potential Flooding Areas at Risk of Building Collapse (Flood Flow)	▭
Potential Flooding Areas at Risk of Building Collapse (Riverbank Erosion)	▭

Landslide Disaster

Be Aware　Evacuate

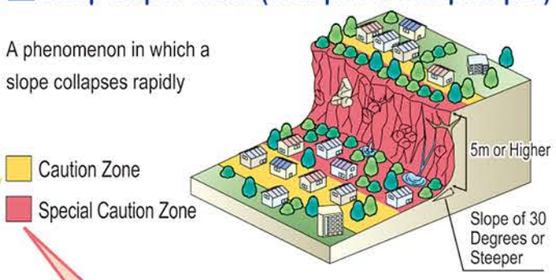
What is a Landslide Disaster? / Information on Disaster Preparedness and Evacuation

The Types of Landslide Disasters and Caution Zones

In some areas, typhoons, heavy rains, and prolonged rains can loosen the ground and cause landslides, which can also be triggered by earthquakes.
Landslide disasters can be categorized into three types: mudslides, slope failure, and steep-slope failure.
Steep-slope failure (collapse of steep slopes) is the type of landslide that can occur in Nakano City. Check the Landslide Hazard Map (see page 36 onwards) to find out where these disasters can occur.

Steep-slope Failure (Collapse of Steep Slopes)

A phenomenon in which a slope collapses rapidly



Landslide Disaster Caution Zone (Yellow Zone)

An area that is considered to be at risk to residents' life in the event of a landslide disaster. The danger is made known to the public and a warning & evacuation system is established.

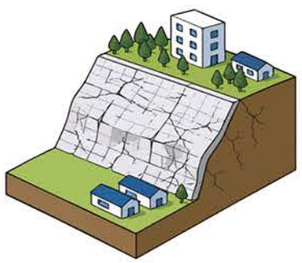
Specified Scope of Steep-slope Failure (Collapse of Steep Slopes)

- Areas with a slope of 30 degrees or steeper and a height of 5 meters or higher
- Areas within 10 meters horizontal distance from the top of a steep slope
- Areas within twice the height of the steep slope (or 50 meters if the slope height exceeds 50 meters) from the bottom of the steep slope

Landslide Disaster Special Caution Zone (Red Zone)

This is an area inside the Landslide Disaster Caution Zone (Yellow Zone), where there is a serious risk to people's lives in the event of a landslide disaster that causes damage to buildings. Special permission is required for certain development activities with structural restrictions on buildings.

Telltale Signs of Steep-slope Failure (Collapse of Steep Slopes)



- Cracks appear on the slope
- Bulges appear on the slope



- The normally clear spring water becomes muddy, Spouting of water can be observed
- Rapid increase, decrease or drying up of spring water is observed



- Pebbles begin falling down the slope
- Unusual noises, mountain/underground rumbling can be heard coming from the slopes

Evacuate immediately if you observe any of these telltale signs, even when no warning or evacuation information has been issued.

Disaster Preparedness Information and Evacuation Action for Landslide Disasters

Alert Level (Equivalent)	Weather Information	Nakano City's Response	Actions of City Residents
Level 5 (Equivalent)	●Level 5 Heavy Rain Special Warning ●Level 5 Landslide Disaster Special Warning	●Residents informed of the Level 5 Heavy Rain Special Warning. ●Reconfirmation of the subject area for "Evacuation Instruction".	●A disaster has already occurred. Take decisive action in order to protect your own life.
Level 4 (Equivalent)	●Record-breaking Sudden Downpour Alert has been issued on top of Landslide Alert Information or Level 3 Heavy Rain Warning. ●Level 4 Heavy Rain Urgent Warning ●Level 4 Landslide Disaster Urgent Warning	●Based on a comprehensive assessment of real-time rainfall data and information gathered during on-site inspections, an evacuation order may be issued to landslide disaster caution zones.	●Please evacuate from dangerous areas to a safe evacuation site as soon as possible. Make sure you check the rising water level of rivers and evacuate by a safe route. ●If the route to the evacuation site is unsafe, take refuge on the second or higher floor of a nearby sturdy building. If that is also not possible, evacuate to a safer part of your building, such as the second floor or a room away from the cliff.
Level 3 (Equivalent)	●Level 3 Heavy Rain Warning ●Level 3 Landslide Disaster Warning	●A system of information communication channel is established in which city officials are gathered at regional headquarters to coordinate the evacuation of residents in case of an emergency. ●Initial deployment arrangements are made and areas expecting dangers are patroled. ●An "Evacuation of the Elderly, Etc." notice is issued based on real-time rainfall observation and information based on field observations.	●Those who require more time to evacuate (the elderly, those requiring special care and support, etc.) should begin evacuation. ●Other people should also contact their families, pack their emergency supplies, prepare for evacuation according to the situation, and evacuate on their own accord.
Level 2 (Equivalent)	●Level 2 Heavy Rain Advisory ●Level 2 Landslide Disaster Advisory	●An early surveillance system for storm and flood disasters is established to collect weather and river water level information.	●Pay attention to weather information and updates issued by the city. ●Check the Landslide Disaster Hazard Map.

Landslide Disaster Hazard Map / Index Map

The Landslide Disaster Hazard Map/Index Map shows the Landslide Disaster Caution Zone, Landslide Disaster Special Caution Zone, Evacuation Sites at Times of Landslide Disaster, in order to help people evacuate safely and quickly and minimize the damage caused by landslides.

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① P.42

② P.43

③ P.44

List of Evacuation Sites at Times of Landslide Disaster

Evacuation Site	Address
*Minaminakano Residents Activity Center	5-5-2 Yayoicho
Yayoi Residents Activity Center	1-58-14 Yayoicho
Tobu Residents Activity Center	2-18-21 Chuo
Nabeyoko Residents Activity Center	5-47-13 Honcho
Showa Residents Activity Center	5-4-7 Nakano
Higashinakano Residents Activity Center	5-27-5 Higashinakano
Kamitakada Residents Activity Center	2-11-1 Kamitakada
Arai Residents Activity Center	3-11-4 Arai
Numabukuro Residents Activity Center	2-40-18 Numabukuro
Egota Residents Activity Center	2-3-15 Eharacho

Landslide Disaster Caution and Landslide Disaster Special Caution Zones

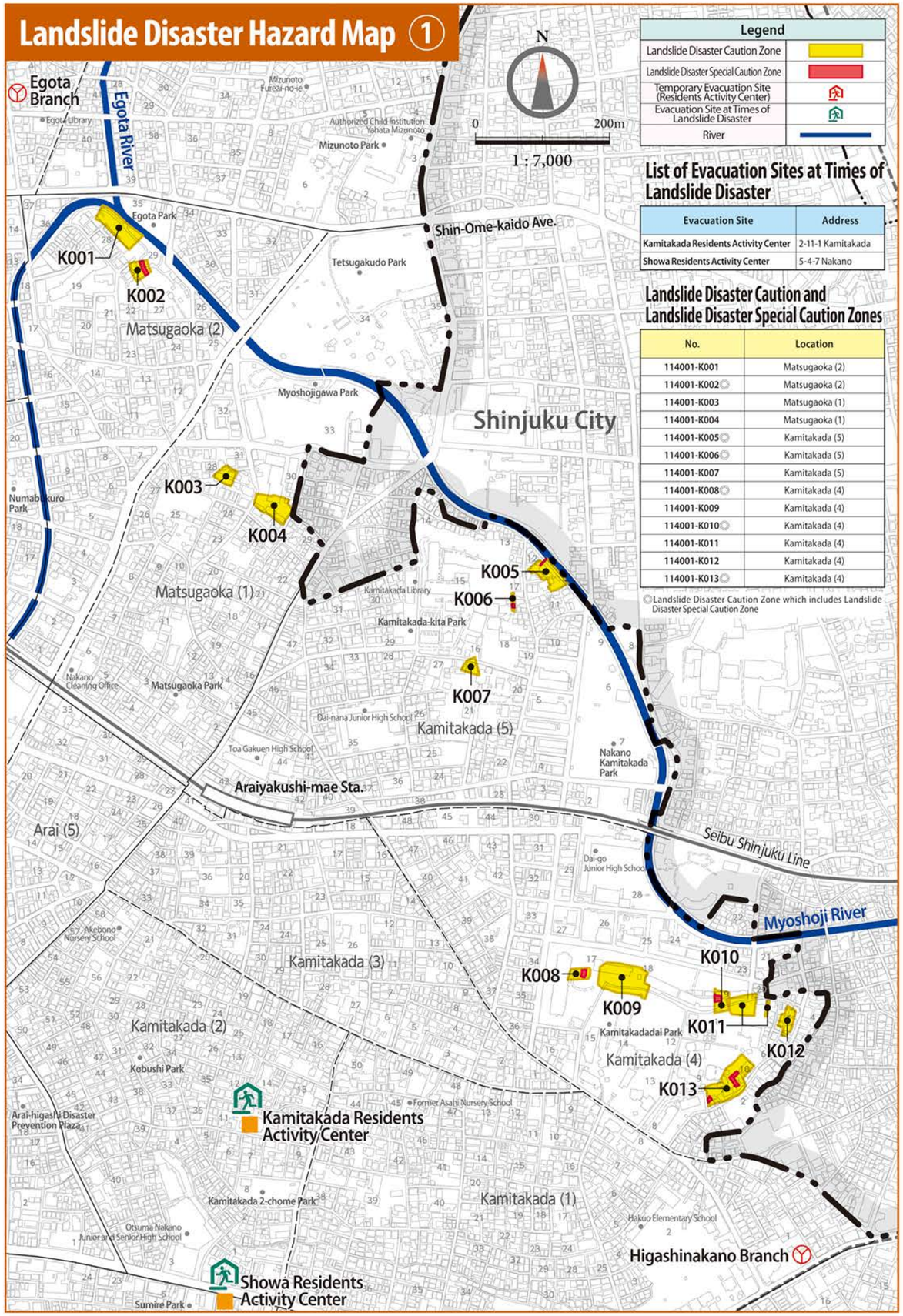
No.	Location
114001-K001	Matsugaoka (2)
114001-K002◎	Matsugaoka (2)
114001-K003	Matsugaoka (1)
114001-K004	Matsugaoka (1)
114001-K005◎	Kamitakada (5)
114001-K006◎	Kamitakada (5)
114001-K007	Kamitakada (5)
114001-K008◎	Kamitakada (4)
114001-K009	Kamitakada (4)
114001-K010◎	Kamitakada (4)
114001-K011	Kamitakada (4)
114001-K012	Kamitakada (4)
114001-K013◎	Kamitakada (4)
114001-K015	Chuo (1)
114001-K016	Chuo (2)
114001-K017	Honcho (5)
114001-K018	Honcho (5)
114001-K019	Yayoicho (5)
*114001-K020◎	Yayoicho (6)
*114001-K021◎	Yayoicho (6)
114001-K023	Chuo (1)
113001-K001◎	Yayoicho (1) / Honcho (3), Shibuya City

◎Landslide Disaster Caution Zone which includes Landslide Disaster Special Caution Zone

*Evacuating from K020 and K021 to the Minaminakano Residents Activity Center will involve crossing the Sakaebashi bridge. If the bridge is impassable due to flooding, please evacuate westwards via Honan-dori Ave. (For more information, see page 44)

Legend	
Landslide Disaster Caution Zone	
Landslide Disaster Special Caution Zone	
Temporary Evacuation Site (Residents Activity Center)	
Evacuation Site at Times of Landslide Disaster	
River	

Landslide Disaster Hazard Map ①



Legend	
Landslide Disaster Caution Zone	
Landslide Disaster Special Caution Zone	
Temporary Evacuation Site (Residents Activity Center)	
Evacuation Site at Times of Landslide Disaster	
River	

List of Evacuation Sites at Times of Landslide Disaster

Evacuation Site	Address
Kamitakada Residents Activity Center	2-11-1 Kamitakada
Showa Residents Activity Center	5-4-7 Nakano

Landslide Disaster Caution and Landslide Disaster Special Caution Zones

No.	Location
114001-K001	Matsugaoka (2)
114001-K002◎	Matsugaoka (2)
114001-K003	Matsugaoka (1)
114001-K004	Matsugaoka (1)
114001-K005◎	Kamitakada (5)
114001-K006◎	Kamitakada (5)
114001-K007	Kamitakada (5)
114001-K008◎	Kamitakada (4)
114001-K009	Kamitakada (4)
114001-K010◎	Kamitakada (4)
114001-K011	Kamitakada (4)
114001-K012	Kamitakada (4)
114001-K013◎	Kamitakada (4)

◎Landslide Disaster Caution Zone which includes Landslide Disaster Special Caution Zone

Landslide Disaster Hazard Map ②



List of Evacuation Sites at Times of Landslide Disaster

Evacuation Site	Address
Yayoi Residents Activity Center	1-58-14 Yayoicho
Tobu Residents Activity Center	2-18-21 Chuo

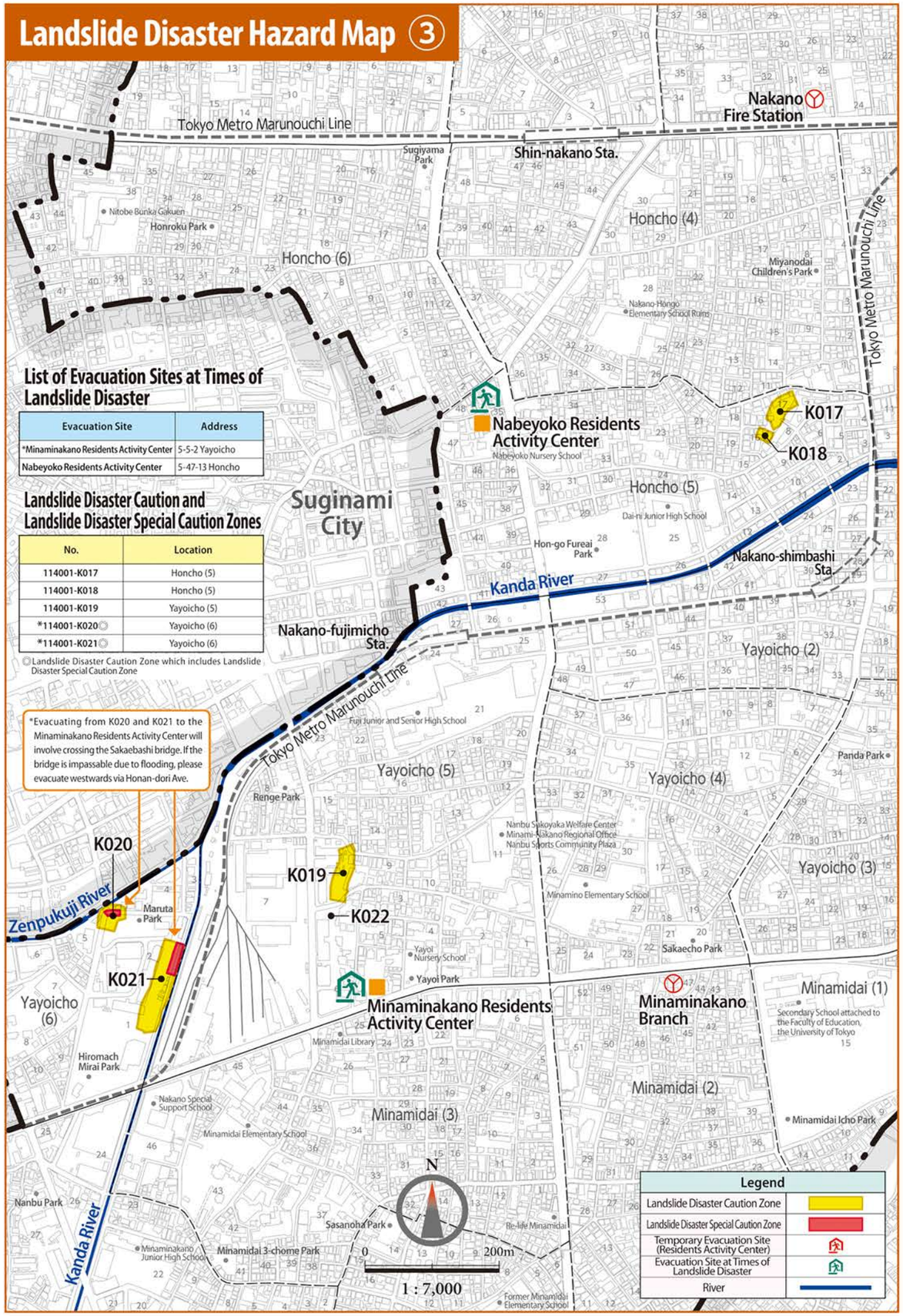
Landslide Disaster Caution and Landslide Disaster Special Caution Zones

No.	Location
114001-K015	Chuo (1)
114001-K016	Chuo (2)
114001-K023	Chuo (1)
113001-K001◎	Yayoicho (1) / Honcho (3), Shibuya City

◎Landslide Disaster Caution Zone which includes Landslide Disaster Special Caution Zone

Legend	
Landslide Disaster Caution Zone	
Landslide Disaster Special Caution Zone	
Temporary Evacuation Site (Residents Activity Center)	
Evacuation Site at Times of Landslide Disaster	
River	

Landslide Disaster Hazard Map ③



List of Evacuation Sites at Times of Landslide Disaster

Evacuation Site	Address
*Minaminakano Residents Activity Center	5-5-2 Yayoicho
Nabeyoko Residents Activity Center	5-47-13 Honcho

Landslide Disaster Caution and Landslide Disaster Special Caution Zones

No.	Location
114001-K017	Honcho (5)
114001-K018	Honcho (5)
114001-K019	Yayoicho (5)
*114001-K020◎	Yayoicho (6)
*114001-K021◎	Yayoicho (6)

◎Landslide Disaster Caution Zone which includes Landslide Disaster Special Caution Zone

*Evacuating from K020 and K021 to the Minaminakano Residents Activity Center will involve crossing the Sakaebashi bridge. If the bridge is impassable due to flooding, please evacuate westwards via Honan-dori Ave.

Legend	
Landslide Disaster Caution Zone	
Landslide Disaster Special Caution Zone	
Temporary Evacuation Site (Residents Activity Center)	
Evacuation Site at Times of Landslide Disaster	
River	

Flood Disaster ● Be Aware

● Landslide Disaster

List of Recent Storm and Flood Damages

Major Damages caused by Storm and Floods in Nakano City in Recent Years (Since 2005)

Year	Date	Types of Disaster	Total Rainfall (mm)	Maximum Hourly Rainfall (mm)	Number of Damages (Damages to house, etc.)
2005	August 15	Torrential Rain	126.5	124.0	280
	September 4	Torrential Rain	227.5	104.0	1530
2006	May 24	Torrential Rain	65.0	43.5	4
2011	August 26	Torrential Rain	98.5	84.5	94
2013	August 12 - 13	Torrential Rain	43.0	41.5	4
	September 15 – 16	Typhoon No. 18	165.5	47.0	2
2014	June 24	Torrential Rain	54.0	51.5	5
	June 29	Torrential Rain	59.5	33.5	2
2015	September 8 – 10	Torrential Rain	319.0	37.5	3
2016	July 14	Torrential Rain	73.0	46.0	9
	August 3	Torrential Rain	165.5	47.0	4
2018	August 27 -28	Torrential Rain	47.0	44.5	3
	September 30 – October 1	Typhoon No. 24 Near Landfall	52.5	27.0	2
2019	October 11 – 13	Typhoon No. 19	296.5	37.5	2
2020	July 23	Torrential Rain	68.5	62.5	1
2021	August 14 -15	Torrential Rain	182.5	35.0	2
2023	June 2	Typhoon No. 2	291.5	46.0	1
	August 1	Torrential Rain	53.5	53.5	6
2024	July 10	Torrential Rain	99.5	82.5	9

Past flood damage records are available on our website.