

Nakano Foreign Residents' Advisory Desk Information Magazine

Have you heard about the Foreign Residents' Advisory Desk at Nakano City Office?

I received a letter from the city office. What should I do?
I want to apply for a My Number Card.
Are there places where I can study Japanese for free?
How do I enroll my child in a Japanese school?



Nakano Foreign Residents' Advisory Desk

Date



Monday – Friday (excluding holidays and New Year holidays)

Time



10:00 – 12:00, 13:00 – 17:00

Place



Nakano City Office 4th floor

Tel



03-3228-8929 (Direct line)

Language



English, Chinese, and Japanese are available.
Interpretation is available in 30 other languages via tablet.

Special Consultation

Special consultation with a certified administrative scrivener
regarding residence status, naturalization, and related matters.

Date



July 23 (Thursday), September 3 (Thursday), September 17 (Thursday)

Time



13:00 – 16:00

Place



Nakano City Office 2nd floor

Seasonal Japanese Culture

Festivals and Mikoshi

There are many different kinds of festivals held throughout Japan.
Some well-known festivals attract large numbers of tourists,
while others are smaller events held within local neighborhoods.

During festivals, a *mikoshi* is carried around the neighborhood by a large group of participants.
A *mikoshi* is believed to be a portable shrine and is considered the vehicle of the gods. People who
carry it wear traditional clothing called *happi* or *hanten* coats and tie *hachimaki* headbands around
their heads. They lift and shake the *mikoshi* together while chanting calls such as “*Soiya*” or
“*Wasshoi*”.



For Those who want to study Japanese

『IRODORI Japanese for Life in Japan』

Japanese for Life in Japan is a textbook designed for Foreign residents to learn basic Japanese communication skills needed for daily life and work in Japan.



- Textbooks are available in 20 different languages.
- IRODORI covers a wide range of everyday topics.
- You can download IRODORI online.
- You can study online for free.

Text Download ▶



Educational Fair for International Students 2026

Sponsored by JASSO

This educational fair is designed for international students who wish to continue their studies in Japan. Individual consultation booths will be available for universities, junior colleges, and vocational schools. We also offer consultations on academic pathways, residence status, the Examination for Japanese University Admission for International Students (EJU), and TOEFL. We warmly invite you to attend this large-scale event, one of the largest educational fairs for international students in Japan.

Admission is free. Advance registration is optional.

Eligibility

International students enrolled in Japanese language educational institutions or similar organizations

Date

July 1 (Wednesday) 10:00 – 16:00

Venue

Exhibition Hall D, Bunka Kaikan Building
Sunshine City, Ikebukuro

Inquiry

Access Nextage
03-6734-0756

Please check the official website ▶



The Japan Legal Support Center

This is a comprehensive information center established by the national government to help resolve legal issues. You can consult about concerns such as divorce, domestic violence (DV), debt, traffic accidents, and dismissal from work.

By Phone

0570-011000 (Japanese / English)
0570-078377 (Other languages)
Weekdays: 9:00 a.m. – 5:00 p.m.
(excluding holidays and New Year holidays)

In Person

Appointments Preferred
Address:
Yotsuya Tower 13th Floor
1-6-1 Yotsuya, Shinjuku-ku, Tokyo
Please make a reservation by calling the
phone numbers listed above.
Weekdays: 9:00 a.m. – 5:00 p.m.
(excluding holidays and New Year holidays)



Please check the official website ▶



TOKYO Medical Information Site

Medical information for foreign residents is available in English, Chinese, Korean, and Japanese

- Emergency situations
- Finding Emergency Hospitals
- How to visit a doctor or hospital
- Other helpful information



Please check the official website ▶



Publisher: Citizen Consultation Section, Citizen Services Division, Nakano City Office
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We publish a quarterly information magazine (June, September, December, and March),
in Easy Japanese, English, Chinese, and Nepali.